Novel Highly Sensitive Protein Sensors Based on Tapered Optical Fibres Modified with Au-Based Nanocoatings

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Novel protein sensors based on tapered optical fibres modified with Au coatings deposited using two different procedures are proposed. Au-based coatings are deposited onto a nonadiabatic tapered optical fibre using (i) a novel facile method composed of layer-by-layer deposition consisting of polycation (poly(allylamine hydrochloride), PAH) and negatively charged SiO$_2$ nanoparticles (NPs) followed by the deposition of the charged Au NPs and (ii) the sputtering technique. The Au NPs and Au thin film surfaces are then modified with biotin in order to bind streptavidin (SV) molecules and detect them. The sensing principle is based on the sensitivity of the transmission spectrum of the device to changes in the refractive index of the coatings induced by the SV binding to the biotin. Both sensors showed high sensitivity to SV, with the lowest measured concentration levels below 2.5 nM. The calculated binding constant for the biotin-SV pair was $2.2 \times 10^{-11}$ M$^{-1}$ when a tapered fibre modified with the LbL method was used, with a limit of detection (LoD) of 271 pM. The sensor formed using sputtering had a binding constant of $1.01 \times 10^{-10}$ M$^{-1}$ with a LoD of 806 pM. These new structures and their simple fabrication technique could be used to develop other biosensors.

1. Introduction

The relevance of biosensors is growing rapidly in a wide number of research fields, as well as in industrial services and biomedical applications [1]. Health, pharmaceutics, food control, and veterinary and other science sectors require the development of diverse and specific sensors. These devices may be based on different detection methods, electrical, optical, chemical, or mechanical. The optical fibre sensor is one of the most attractive biosensors, with a number of advantages such as high sensitivity, low-cost, high selectivity, light-weight, remote sensing capability, and electromagnetic immunity [2–4].

Different approaches to protein sensing based on optical fibres have been reported using long period gratings [5, 6], fibre Bragg gratings [7, 8], photonic crystal fibres [9], refractometers [10], and other optical configurations [11, 12]. Tapering of an optical fibre is one of the simplest methods for the fabrication of optical fibre sensors. Tapering provides access to the evanescent wave (EW) of the mode propagating through the tapered region, facilitating interaction with the surrounding medium and allowing the measurement of parameters such as refractive index or chemical composition.

In order to conduct selective measurements and to determine the desired analyte in a complex matrix of compounds, the optical fibre sensor requires a sensitive layer to be deposited on its surface. The performance of the optical fibre sensor depends strongly on the physical and chemical properties of the sensitive layer, such as porosity, film thickness, surface adhesion, and binding capabilities [13–15]. Control of the structure and properties of the sensitive element is a crucial point in sensor development and design.

Various deposition techniques, such as dip-and-spin coating [16], layer-by-layer (LbL) deposition electrostatic self-assembly [17], Langmuir-Blodgett deposition [18], and
chemical and physical vapour deposition [19], have been employed for the functional coating of optical fibres. Among these techniques, the LbL technique, which is based on the alternate adsorption of polycations and polyanions onto the surface, is a powerful surface modification method. This alternate adsorption technique is still expanding its potential because of its versatility and convenience for the fabrication of nanoassembled thin films employing various organic and inorganic materials.

Tapered optical fibres have been well characterised both theoretically and experimentally [20, 21]. Recently, the use of tapered optical fibres modified with Au nanoparticles to create sensors based on the surface plasmon resonance (SPR) phenomenon attracted a lot of attention [22, 23]. Zhang et al. reported the development of a tapered optical fibre biosensor based on Au nanoparticles to create localized surface plasmon resonances (LSPR) [24]. A salinization method using 3-aminopropyltrimethoxysilane (APTMPS) and 3-mercaptopropyltrimethoxysilane (MPTMPS) was employed for the deposition of the star-shaped Au nanoparticles onto the surface of a tapered optical fibre. The sensor showed a reasonable sensitivity to refractive index change of 1190.5 nm/RIU. However, the authors did not report biological sensing using the developed device. Srivastava and Gupta [25] proposed a multitapered optical fibre sensor based on a multimode optical fibre modified with Au NPs, reporting a sensitivity of 3500 nm/RIU. There are a limited number of reports where single mode tapered optical fibre sensors modified with Au thin films have been used for the detection of the biological compounds [26–28]. Perhaps the closest example of a biosensor based on tapered optical fibre SPR was reported by Rajan et al. [28], where the surface of the optical fibre was modified with an enzyme for pesticide detection. The sensor showed high sensitivity, with the lowest detected concentration of 1 μM.

The methods used for the deposition of Au films onto optical fibres reported so far are based on salinization or sputtering. In most cases, these devices require the use of complex dyes or chemicals for fluorescence-based detection [29], or other setups with expensive laboratory equipment. In addition, these methods do not provide the flexibility to control the structural parameters of the sensitive layer (Au thin film), such as its morphology and porosity that have a significant influence on sensor performance.

In this study, we propose a novel alternative deposition method that allows these disadvantages to be overcome and that provides a means to control the porosity and morphology of the thin films. In addition, to the best of our knowledge, this is the first report of the use of tapered optical fibre sensors to detect very low protein concentrations. Au-based coatings were deposited onto nonadiabatic tapered optical fibre using two approaches: (i) a novel facile method composed of layer-by-layer deposition consisting of polycation (poly(allylamine hydrochloride), PAH) and negatively charged SiO₂ nanoparticles (NPs) followed by the deposition of the charged Au NPs and (ii) the sputtering technique, which was used for comparison. The LbL deposition technique is based on the alternate deposition of oppositely charged polyelectrolytes [30] which, being a simple and systematic process, allows control of the incorporation of NPs into the thin films [31]. The SiO₂ NPs endow the sensitive layer with high porosity, while the Au NPs help to increase the efficiency of the light interaction with the analyte, thus enhancing the sensitivity of the optical fibre device.

For this work, biotin and streptavidin (SV) binding was chosen as the protein sensing model. SV molecules have very high affinity for biotin, as their binding is one of the strongest noncovalent interactions in nature [32]. In a previous report, biotin was attached covalently to gold immobilized on an optoelectronic silicon transducer [33]. The biotin-SV binding process produces measurable variations in the external refractive index surrounding the tapered optical fibre and modifies the optical transmission spectra, thus acting as the sensing mechanism.

The presented devices show that not only tapered optical fibres but also the significance of coating characteristics (morphology and method) in optical fibre sensing is an important sensing platform. The light coupling properties of the tapered region, combined with appropriate and simple Au-based nanocoatings, allow the demonstration of different protein sensors with high sensitivity and very low limits of detection (LoD).

To our knowledge, this is the first time that sputtering techniques and tapered optical fibres were combined to demonstrate a protein sensing device, and furthermore protein tapered optical fibre sensors using LbL have not been reported before.

2. Materials and Methods

2.1. Chemical Reagents and Materials. Ethanol (99%), tetraethyl orthosilicate (TEOS), chloroauric acid (HAuCl₄), sodium borohydride (NaBH₄), potassium carbonate (K₂CO₃), biotin ((+)-biotin N-hydroxysuccinimide ester), and streptavidin from bacterium Streptomyces avidini were purchased from Sigma. Ammonium hydroxide (NH₄OH 28%), poly(allylamine hydrochloride) (Mₙ ∼ 58,000, PAH), poly(sodium 4-styrenesulfonate) (Mₙ ∼ 70,000, PSS), and 3-aminopropyltrimethoxysilane (APTES) were purchased from Sigma-Aldrich. All reagents were of analytical grade and were used without further purification. Distilled water (18.3 MOhm cm) was obtained by reverse osmosis followed by ion exchange and filtration in Millipore-Q (Millipore, Direct-QTM).

The silica nanoparticles (SiO₂ NPs) were prepared following the Stober method [34]. A solution of gold nanoparticles (Au NPs) was prepared using the synthesis method described in [35]. The average nanoparticle diameters were 250 nm for SiO₂ and 5 nm for Au.

2.2. Sensors Fabrication and Coatings. Standard single mode optical fibres (5 μm/125 μm core/clad diameter, resp., Fibercore SM600) were tapered using an in-house system, heating the fibre using a CO₂ laser and pulling using rotational stages. The lengths of the tapered regions were 1 cm, with waist diameter of 14 μm (Figure 1). The build system allows obtaining highly repeatable optical fibre tapered sensors.
The tapered optical fibres were coated using two different methods, as described below.

2.2.1. Sputtering. The first taper (denoted as T1Au sputtered, 14 μm waist diameter and ca. 1 cm tapered region length) was coated with a gold thin film by sputtering [36] using the DC-sputter deposition process (Quorum Emitech K575x Sputter Coater, from Quorum Technologies) with a partial pressure of argon of 8 × 10⁻² mbar and current of 70 mA. The tapered optical fibre was fixed in a special holder to ensure that the taper was straight and taut and that allowed the deposition of Au on the entire surface of the tapered section of the optical fibre. No rotation mechanism was used in this case.

To determine the Au film thickness during the sputtering process, glass substrates were placed near the tapered optical fibre and coated simultaneously under the same conditions as optical fibre. The thickness was calculated by optical transmission measurements. The coating presented a uniform thin film of thickness ca. 10 nm.

2.2.2. LbL Method. The second taper (T2Au NPs, waist diameter 14 μm and 1 cm length) was modified using the LbL method as reported previously [31]. Briefly, the T2 tapered region was treated with a 10 mM KOH solution (ethanol:H2O 3:2) for 30 minutes to charge the region surface negatively. Then, it was immersed in a positively charged PAH solution for 25 min and cleaned with ultrapure water. After that, the fibre was introduced to a negatively charged SiO2 NPs solution for another 25 min and then cleaned with distilled water and flushed with N2 gas. The deposition process was repeated three times, facilitating the deposition of 3 (PAH:SiO2 NPs) bilayers onto the tapered area (see Figure 2).

Next, a layer of Au NPs was applied to the fibre to obtain SiO2 core Au shell nanoparticles, followed by two additional bilayers of PSS and Au NPs. Finally, the last immersion in the Au NPs solution was performed to obtain the Au as an outermost layer that would be used for biotin deposition.

Transmission spectra were captured after each step in the deposition of coatings on both T1 and T2. Once T1 and T2 were coated, they were ready for characterization and further binding of proteins.

2.3. Protein Binding Measurements. A 6.8 μM aqueous solution of biotin ((+)-biotin N-hydroxysuccinimide ester, from Sigma) and SV aqueous stock solutions ranging from 2.5 nM to 1.33 μM were prepared. After the modification procedure, the tapered optical fibres, T1Au sputtered and T2Au NPs, were immersed in a 6.8 μM biotin solution for 30 min. The fibres were then rinsed with ultrapure water and dried under N2 gas stream. The T1Au sputtered and T2Au NPs optical fibres were then exposed to streptavidin solutions for 20 min with concentrations ranging from 2.5 nM to 1.33 μM, followed by washing in distilled water. Transmission spectra were recorded after the washing step in the solution.

2.4. Experimental Setup. The experimental setup used for testing the T1Au sputtered and T2Au NPs devices is shown in Figure 3. A tungsten-halogen light source with a wavelength range of 350–2000 nm (HL-2000 from Ocean Optics) was connected to one of the optical fibre pigtails. The other pigtails was connected to a UV-VIS spectrometer (USB2000-XRI from Ocean Optics). The spectrometer has a wavelength range of 380 to 1000 nm and resolution of 0.5 nm.

2.5. Film Morphology Characterisation. The morphology of the PAH/SiO2:Au films was studied using Philips XL 30 (SEM). The films deposited onto optical fibre were coated with a thin (5 nm) platinum film using a Quorum Technologies SC 7640 Auto/Manual Sputter Coater to allow electrical discharge of the sample surface during the interaction with the electron beam.

3. Results and Discussion

3.1. Optical Fibre Modification. As was commented previously, the tapered optical fibres were coated with Au thin films using 2 different approaches: (i) the sputtering technique and (ii) a novel facile method composed of layer-by-layer deposition consisting of polycation (poly(allylamine hydrochloride), PAH) and negatively charged SiO2 nanoparticles (NPs) followed by the deposition of the charged Au NPs.

In both approaches, in order to characterise the optical response of the mentioned devices, the original spectra before coating were measured at room conditions and with the device immersed into water (see Figures 4(a) and 4(b)). The maximum wavelength shift between the measurements in air and in water for T1 tapered fibre is ca. 10 nm in the range of 500–600 nm, whereas the shift for T2 tapered fibre is ca. 20 nm in the 700–900 nm. This difference in sensitivities and the transmission spectra is due to slight
differences in geometry in the transition region of the tapers.

3.1.1. Sputtering Deposition ($T_1_{\text{Au sputtered}}$). The original transmission spectrum of $T_1_{\text{Au sputtered}}$ was recorded along with the spectrum after the sputtering deposition of Au. The Au deposition step results in a significant attenuation of the transmitted signal. The characteristic fringes of the nonadiabatic taper are no longer visible after sputtering the Au thin film (shown in Figure 4(a)). The broad decrease in transmission in the 550 nm–700 nm region is believed to be a result of a plasmon peak of the Au film. These results correspond well to the previously published data [37, 38].

The disappearance of the characteristic interference fringes is most plausibly a result of the high imaginary part of the RI of the Au coating, which suppresses the excitation of the higher order modes in the tapered region of the optical fibre.

3.1.2. LbL Deposition ($T_2_{\text{Au NPs}}$). Similarly, the transmission spectrum of the $T_2_{\text{Au NPs}}$ sensor was recorded during the LbL film deposition process. The initial LbL steps cause a red wavelength shift due to the deposition of the PAH/SiO$_2$ NPs bilayers, which is typical behaviour observed during the deposition of thin films onto tapered optical fibres [39]. Similar behaviour was observed during the deposition of the Au NPs (Figure 4(b)). The amplitude of the change, however, was larger, most likely a result of the higher RI of the Au NPs. Following the further Au NPs adhesion, important signal losses and wavelength shifts in some spectral regions are observed. In contrast to the sputtering process, not all of the oscillation features disappeared after deposition of the Au NPs (Figure 4(b)) and some intensity peaks remained, which were taken into account as a reference for sensing mechanism. Figure 4(b) shows noticeable variations in the 750 nm–900 nm region at the sensor surface functionalization with Au NPs.

The difference between the sputtering and LbL deposition of the Au film could be related to the difference in structure of the deposited film. In the case of the sputtering, the highly uniform film can be obtained [37, 38], while the attachment of the Au NPs to the SiO$_2$ mesoporous thin film results in the film structure that does not suppress the coupling of the higher order modes and thus retains the fringes in the transmission spectrum. The further work is required to understand this difference in more detail. It should be noted that difference in bulk refractive index sensitivities of the unmodified $T_1$ and $T_2$ sensors cannot account for such a drastic difference in the response to the Au film deposition.

3.1.3. SEM Surface Morphology. Figures 5(a) and 5(b) show SEM images of the optical fibre surface morphology after the deposition of the Au films using the sputtering and LbL methods and after SV measurements, respectively. The surface was uniformly covered after both the sputtering and LbL methods but had protein attached to it after the SV
adsorption, corresponding to the bright spots in SEM images. The agglomeration of proteins leads to a rougher surface. In addition, the platinum thin film deposited to prepare the SEM sample (see Section 2.5) contributed to higher roughness. It should be noted that Figure 5(a) was measured slightly outside of the tapered region and therefore diameter of the optical fibre is larger than 14 μm.

It should be noted that this deposition method provides much better surface coverage of the optical fibre in comparison to the previously used one [40], where SiO₂ were first modified with Au NPs and then deposited onto long period grating optical fibre sensor. The two-stage deposition method proposed in this paper allows for better surface coverage and, as will be shown later, higher sensitivity to SV. The typical surface roughness of the Au film after sputtering is 0.3–0.8 nm [41].

3.2. Sensing Principle for the Protein Binding. The sensing principle for both T1 and T2 is based on the evanescent field theory [42]. Tapered optical fibres present characteristic losses in the transmission spectra due to the coupling of the fundamental core mode to the higher order modes in the 1st tapered region. These higher order modes leak partially into the surrounding medium and consequently interfere on recombination with the fundamental mode at the 2nd taper region. A change in the RI of the surrounding medium leads to a modification of the coupling conditions and is accompanied by a modification of the transmission spectrum of the tapered optical fibre sensors. Typically, the changes in both wavelength position of the interference fringes and intensity losses are observed [39]. In general nonadiabatic tapers are used because their abrupt transitions generate a number of modes in the tapered region, and the interference between
these modes creates characteristic fringes in the transmission spectrum. Monitoring both the intensity and wavelength of the fringes could offer better intrinsic properties in terms of sensitivity. Here it was found that these fringes disappeared after deposition of the coating, but it was still possible to monitor analyte induced changes in the transmitted intensity. Once the tapered regions are coated with the appropriate capture layer, they can act as sensitive regions for the analyte of interest.

The biotin-streptavidin binding process is well known from the literature [35, 43]. The binding of SV to the biotin coated fibre produces a detectable change in the measured refractive index (RI). The increase of external RI when streptavidin binds to biotin intensifies the optical transmission losses. According to the evanescent field theory [41], when the external media RI is higher than core RI, if the difference between the external RI and the core RI increases, then the optical losses also grow along with the wavelengths shift of the interference features [44, 45]. The number of SV molecules that bind to the biotin is dependent on the concentration of SV. Based on this binding dependence and the sensing principle, it is possible to detect changing SV concentrations in the intensity function of the wavelength spectra. This behaviour in the 550–900 nm range was monitored and represented for T1Au sputtered and T2Au NPs in a wide range of concentrations from 2.5 nM to 1.33 μM.

3.2.1. Sputtering-Based Sensor (T1Au sputtered). According to the sensing principle discussed previously, optical signal levels change over a wide range of wavelengths with the increase of SV concentration. Signal losses in the spectra are observed to higher binding levels of SV. The transmission spectra of T1Au sputtered after SV treatment are shown in Figures 6 and S1, in Supplementary Material available online at http://dx.doi.org/10.1155/2016/8129387.

The sputtered Au thin film contributes to a decrement in intensity in the 550 nm–700 nm range because of the surface plasmon resonance (SPR) phenomenon. The presence of the Au SPR band provides more signal losses in this wavelength range (see Figure 6(a)). During the SV-biotin binding, a decrease in intensity is observed. The spectra behaviour can be described as follows. At lower SV concentrations, the transmission spectra present more changes in magnitude due to the higher amount of free biotin molecules to bind with SV. Further, by increasing the SV concentration in solution, the amount of free biotin decreases until a saturation threshold is reached. This behaviour is reported in more detail in Section 3.3.

3.2.2. LbL-Based Sensor (T2Au NPs). For T2Au NPs sensor, a higher level of optical losses with increasing SV concentration was also observed. The T2Au NPs intensity variation is more influenced by the SV concentration, as compared to the results from T1Au sputtered sensor. The transmission spectrum was monitored for SV concentrations ranging from 2.5 nM to 1.33 μM (Figures 7 and S2).

A decrease in the signal intensity is observed with the increase in SV concentration. These experimental results can also be analysed by measuring the wavelength shifts of the interference features in the transmission spectra, where the intensity peak at ca. 825 nm showed a shift of 7.8 nm on exposure to 1.33 μM SV concentration, Figure 8(a). The binding process between biotin and SV takes place with the biotin molecules coated over the fibre and the addition of SV molecules in solution. Plotting together the protein binding data and respective intensity values, an inverted
relationship is observed. The $T_{2\text{AuNPs}}$ sensor can detect SV concentrations by two methods: by wavelength shifts and intensity changes.

The wavelength shift as a function of SV concentration follows the Langmuir binding equation [46, 47]. According to the Langmuir isotherm equation, the equilibrium binding constant ($K$) was determined as described in [46]. The obtained $K$ value was $2.2 \times 10^{-11}$ M$^{-1}$ and the Langmuir isotherm plot shows the good fitting of the experimental results in Figure 9(a). Moreover, the intensity change follows the same binding model with a binding constant $K$ of $4.5 \times 10^{-11}$ M$^{-1}$ (see Figure 9(b)).

It should be noted that the sensitivity is higher when intensity is measured as compared to that achieved using the wavelength shift detection method, which consequently leads to the larger binding constant, Figures 9(a) and 9(b) (Figures S3–S5).

3.3. $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$ Comparison. From the previous measurements taken using $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$ devices, the intensity peaks were analysed to calculate the transfer function.

The intensity peak values at 575 nm (Figure S1) for $T_{1\text{AuSputtered}}$ are represented in Figure 10. Three intensity peak values for $T_{2\text{AuNPs}}$ in the 700–900 nm region (at ca. 715, 765, and 825 nm) as function of the SV concentration are also shown. These plots represent the logarithmic behaviour of the spectral features of the $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$ devices during the biotin-SV binding process in terms of intensity. They can be fitted and considered as sensor transfer functions or calibration plots. It is important to remark that they cover a wide dynamic range of SV concentration but also exhibit a very high sensitivity mainly for the lowest concentrations (from 2.5 nM to 19 nM range in both devices). It should be noted that two sensors have highest sensitivity in different spectral range. This is expected because of the effect of the difference in the film structure and its effect on the optical properties of the tapered sensors, Figure 4.

According to these results, $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$ show variations in intensity for all SV concentrations ranges, thus offering protein detection of at least 2.5 nM. The limits of detection of SV were calculated to be the concentration which yielded a signal 3 times the average noise level (32.82 a.u.) [48]. These LoD were $8.06 \times 10^{-10}$ M and $2.71 \times 10^{-10}$ M for $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$, respectively (data shown in Figures S6 and S7), revealing that sensor modified with the SiO$_2$:Au NPs has ca. 3 times lower LoD that sensor prepared using sputtering. It should be noted that both values are similar to or better than other optical fibre devices [7, 49–51].

The $T_{2\text{AuNPs}}$ device has greater sensitivity and can detect SV concentration changes by using three different wavelengths peaks. Moreover, $T_{2\text{AuNPs}}$ can also detect SV variations by monitoring the wavelength change thus allowing additional wavelength-based sensing measurements. The higher sensitivity of the 715 nm peak is most plausible owing to the closer location to the SPR peak as compared with peaks at longer wavelength.

The source of the difference between the $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$ devices is located in their sensitive regions and their nanostructured morphology. In fact, the key factor is the SV absorption capacity in these coatings. On one hand, the LbL coating morphology with the Au NPs provides a higher specific surface area for the adhesion of more biotin molecules. In addition, $T_{2\text{AuNPs}}$ presents higher sensitivity in the region around 750–800 nm related to the localized surface plasmon resonance due to the presence of the Au NPs-SiO$_2$ NPs combination, as it is reported in [52, 53]. According to this, $T_{2\text{AuNPs}}$ presents higher threshold saturation and higher dynamic range. On the other hand, $T_{1\text{AuSputtered}}$ provides less surface area to allocate the biotin molecules because of its uniform Au monolayer, and therefore it has less sensitivity than $T_{2\text{AuNPs}}$. However, as it was reported previously, both devices present relevant LoD values (806 pM from $T_{1\text{AuSputtered}}$ and 271 pM from $T_{2\text{AuNPs}}$). Although, as mentioned in Section 3.1, the sensitivities to the bulk refractive index of the devices $T_1$ and $T_2$ before modification were different, this cannot account for the factor of 3 times difference in the LoD of SV between $T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$.

4. Conclusions

In this paper, two novel protein sensors based on tapered optical fibres are reported, analysed, and compared. The sensors ($T_{1\text{AuSputtered}}$ and $T_{2\text{AuNPs}}$) were coated on the tapered regions with nanostructured Au-based coatings. In case of the $T_{1\text{AuSputtered}}$ sensor, the taper was coated with a 10 nm Au thin film using a sputtering technique. For $T_{2\text{AuNPs}}$, three bilayers of PAH:SiO$_2$ NPs, followed by 2 bilayers of Au NPs:PSS and a final layer of Au NPs, were deposited onto the taper by the layer-by-layer method.
Both the $T_{1, \text{Au sputtered}}$ and $T_{2, \text{Au NPs}}$ sensors were coated with biotin to provide binding sites for SV molecules. Biotin-SV binding was detected by monitoring optical losses in the transmission spectra of the tapered optical fibre. The sensing principle of the devices is explained using evanescent field theory. The higher concentration of SV bound to biotin produces additional signal losses, due to sensing layer RI changes. When the external RI is higher than the core RI, as the differences between the sensing layer RI and the core RI increase, the optical losses increase.

$T_{1, \text{Au sputtered}}$ and $T_{2, \text{Au NPs}}$ were exposed to SV concentrations ranging from 2.5 nM to 1.33 $\mu$M, and their responses were monitored and analysed. $T_{1, \text{Au sputtered}}$ and $T_{2, \text{Au NPs}}$ presented a logarithmic response (optical signal versus SV concentration).
concentration) as expected given the known SV-biotin binding reaction. Both $T_1^{\text{Au sputtered}}$ and $T_2^{\text{Au NPs}}$ sensors could detect levels of SV below 2.5 nM. $T_2^{\text{Au NPs}}$ provided enhanced results in terms of sensitivity and dynamic range, and it could also detect the SV variations from 3 simultaneous peaks measurements, also using wavelength shift-based measurements. LbL coatings based on Au NPs have a higher surface area than do sputtered Au thin films, and so they are more efficient in the biotin adhesion process and therefore in SV concentration detection.

Future work could focus on improving and optimizing the sensor design to get a lower LoD and improved properties in terms of selectivity, dynamic range, and sensor response time. In this work the binding time allowed was 20 min, taken from previously published work [5].

The development of these coated sensors demonstrates that the concept of tapered optical fibres and their configurations is capable of detecting not only proteins but also other substances such as volatile organic compounds, gases, and relative humidity, with ultra-low LoD values.

Data Access

For enquiries relating to access to the research data or other materials referred to in this paper, please contact Cranfield University Library and Information Services, library@cranfield.ac.uk.

Competing Interests

The authors state that there are not any competing interests.

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