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Developing a framework for responsible downsizing through best fit: the importance of regulatory, procedural, communication and employment responsibilities

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ABSTRACT
The COVID-19 crisis has caused a wave of redundancies globally. This has brought the organisational practice of downsizing into sharp relief. Responsible downsizing is broadly understood as the actions, practices and strategies adopted by organisations to ameliorate the negative effects of redundancy. The paper draws on HR theories of best practice and best fit to explore the phenomenon of responsible downsizing, as a dominant focus in extant literature is the identification of ‘responsible’ best practices. In challenging these prevailing assumptions, this paper contends that responsible downsizing is more usefully understood as theoretically underpinned by a best fit approach. While there is value in adopting best practices the paper argues that greater attention should be paid to how organisational, societal and institutional contexts shape their implementation. Based on a review of 44 empirical articles, the paper advances a framework for responsible downsizing. The framework establishes four types of responsibility: regulatory, procedural, communication and employment responsibilities. Critical areas for future research are also mapped along with conceptual and practical implications.

Introduction
As a consequence of government measures in response to COVID-19 a wave of redundancies has occurred globally. Organisational, societal and institutional factors will be important in responding to the ensuing economic crisis (Cooke et al., 2020). Such a critical context brings the impact of downsizing on employees into sharp relief. Downsizing is a process typically implemented by HR that causes adjustments to employment structures and is associated with cost-cutting measures and
redundancies (Sahdev et al., 1999). Employees tend to suffer a range of social, economic, psychological and physiological effects. To address these, responsible downsizing has been proposed as a solution that is broadly understood as the combination of actions, practices and strategies organisations adopt to ameliorate the impact of redundancy.

Responsible downsizing in policy and academic literature has been largely characterised as the implementation of universally applicable best practices. However, research has indicated the potential utility of a best fit approach, illustrating how responsible downsizing practices require translation into local contexts (Bergström, 2007), reflecting developments in HRM literature that context should not simply be treated as background (Cooke, 2018). For example, local contexts shaping responsible downsizing may include the existence of collective bargaining arrangements, the influence of social and political institutions, organisational custom, public or private sector or workforce demographics. That said, less is known about how to frame the translation of responsible downsizing practices to local contexts, or how such a process might be achieved by organisations. Based on a systematic literature review, this paper hence addresses the following question: how can a best fit approach improve our understanding of the responsible downsizing process?

In doing so, this paper draws on HR theories of best practice and best fit to argue that responsible downsizing is more usefully understood as theoretically underpinned by a best fit approach. In advancing Bergström’s (2007) work on translation of best practices, the paper’s key contribution is a framework for responsible downsizing. The analytical focus is at the organisational level, advancing four different types of overlapping though mutually reinforcing responsibility; these are defined as regulatory, procedural, communication and employment responsibilities. A further contribution of the framework is the refinement of an apparent blanket notion of ‘responsibility’ in extant literature. This reflects analogous conceptual developments in the Corporate Social Responsibility (CSR) literature that recognises how responsibility can be subdivided into the economic, legal, ethical, philanthropic and political responsibilities of organisations. The framework therefore facilitates insights into different responsibilities owed by organisations to employees in downsizing instead of focussing on the implementation of discrete practices. Furthermore, understanding how HR practices may be implemented in a responsible fashion is an important contemporary issue in the HRM literature (Barrena-Martínez et al., 2019).

The paper is structured as follows. First, the paper sets out what is and is not currently known about responsible downsizing. Next the systematic review method is presented. Based on a review of 44 empirical articles, the responsible downsizing framework is then advanced.
The paper ends by outlining theoretical and practical implications of the framework, along with a future research agenda and concluding remarks.

**Developing responsible downsizing: what do we know?**

Commentary around responsible downsizing emerged in US in the 1970s and focussed on how government policies could address the social and economic harm wrought by mass redundancies (Bracker & Kinicki, 1988; Carroll, 1984; Lansing & Van Buren, 1993; Millspaugh, 1990). The topic developed through debates around ethical issues connected to downsizing. Conceptual issues include the role of ethical leadership (Sharif & Scandura, 2014), potential psychological contract violation (Turnley & Feldman, 1998), the role of ideology and social contracts (Watson et al., 1999) and the impact on local communities (Lansing & Van Buren, 1993). A counter view proposes downsizing in itself is unethical given the profound negative effects on employees (Long, 2012; Orlando, 1999; Settles, 1988; Vuontisjärvi, 2013).

An important premise of previous research is that downsizing has become the primary response to competitive or recessionary pressures as it is typically framed as the natural course of action (McKinley et al., 2000). At the employee level, a key debate relates to ‘victims’, ‘survivors’ and ‘endurers’ (Brockner, 1992; Brockner et al., 2004; De Vries & Balazs, 1997; McLachlan et al., 2021). Victims exit an organisation and can suffer loss of salary and the scarring effects of unemployment. Survivors and endurers both remain employed at the organisation, though the latter is distinct as they experience internal redeployment: both can experience negative work-related attitudes and career disruption. In this sense, our existing understanding of responsible downsizing is informed by these employee experiences, which have illuminated the extent to which organisations treat the workforce in fair and responsible fashion (Teague & Roche, 2014; Van Dierendonck & Jacobs, 2012). Other studies have also pointed to potential strategic benefits associated with a responsible approach (Tsai & Yen, 2020).

Research into responsible downsizing has spread across business and management literature, and a variety of terminology has described the topic: socially responsible restructuring (Forde et al., 2009); responsible restructuring (Cascio, 2002; Johnstone, 2019; Teague & Roche, 2014); socially responsible workforce reduction (Bergström, 2007); social responsibility in downsizing (Bergström & Diedrich, 2011; Van Buren, 2000); social responsibility in business closures (Ahlstrand, 2010); CSR in restructuring (Bonvin, 2007); ethical downsizing (Hopkins & Hopkins, 1999; Long, 2012); corporate responsibility in lay-offs (Kieselbach &
Mader, 2002); CSR in closedowns (Rydell & Wigblad, 2011; Snell & Gekara, 2020); and responsible downsizing strategy (Tsai & Shih, 2013a, 2013b; Tsai & Yen, 2020).

While the use of terms such as ‘ethics’ and ‘responsibility’ are useful indicators of the behaviours and actions of organisations, one problem with these previous studies is a lack of detail about what ‘responsibility’ means in downsizing. That is, the extent to which different types of responsibility may be evident during downsizing is less refined in previous constructions of responsible downsizing. Therefore, this paper builds on these previous studies by taking inspiration from similar conceptual developments in the CSR literature where responsibility has been nuanced to recognise different types of responsibility: economic, legal, ethical, philanthropic (Carroll & Shabana, 2010) and political responsibilities (Scherer & Palazzo, 2007). Illuminating different types of responsibilities, as opposed to a blanket notion of ethics or responsibility, arguably deepens our knowledge about what a responsible downsizing entails and may aid organisations in determining the practices required to enact such a process.

Nevertheless, there have been attempts at defining responsible approaches to downsizing. The process has been viewed as a set of practices that form an anticipatory strategy involving on-going social dialogue and negotiation over the effects of downsizing (Forde et al., 2009), or as a strategy that underpins the fairness of management actions as a means of preserving a positive psychological contract (Teague & Roche, 2014). Further, Van Buren (2000) argued that perceptions of responsibility reflect the level of ‘bindingness’ of social and psychological contracts, determining a moral expectation as to how each party should act: the higher the level of bindingness the greater the responsibility. However, downsizing is typically a unilateral managerial process that reflects power imbalances in the employment relationship (Cullinane & Dundon, 2006). Downsizing is disproportionately experienced by employees as they bear the brunt of its impact, which arguably puts greater emphasis on employers’ ability to manage the process responsibly.

Crucially, a dominant feature of policy literature is toolbox-like best practices for organisations to implement as part of responsible downsizing. These practices include but are not limited to: employability initiatives; outplacement services; skills investment; meaningful and effective communication; counselling services; internal redeployment; generous severance packages; early retirement; voluntary redundancy; alternative redeployment schemes; job search assistance; provision of financial advice; legal compliance and enterprise start-up workshops. These have been incorporated at institutional level by the International Labour Office and the European Commission, who have set practical
guidance (Auer, 2001; CEDEFOB, 2010; EC, 2009; Evans-Klock et al., 1998; Hansen, 2009; MIRE, 2006; Papadakis, 2010; Rogovsky et al., 2005). There are also support mechanisms at European and US level instituted through the European Globalisation Adjustment Fund and the US Trade Adjustment Assistance programmes (Stuart et al., 2007). What is unclear from the policy literature, however, is whether the incidence of ‘responsible’ downsizing practices is a useful indicator of the overall responsibility of the process, or what types of responsibility motivate organisations to adopt certain practices.

Research by Bergström (2007) sets out a valuable contribution to the topic by arguing that best practices require translation into local contexts if a responsible process is to be assumed. Importantly, Bergström (2007, p. 386) states that responsible practices cannot be ‘picked up and applied anywhere’. This paper follows Bergström (2007) in questioning the assumptions that underpin the dominant best practice focus in academic and policy downsizing literature. In researching an ostensible responsible downsizing process at Vattenfall, a Swedish state-owned company, Bergström (2007) highlights how best practices were imitated from other Swedish firms but repackaged into a ‘responsible’ model based on key principles driving Vattenfall’s downsizing process. Such principles focussed on working closely with unions to ensure as few redundancies as possible and that, where possible, compulsory redundancies were avoided through the provision of voluntary redundancy arrangements.

In analysing the translation of best practices to the Vattenfall context, Bergström (2007) usefully argues that responsible downsizing is entrenched in institutionalised norms and is therefore not a static model that can be successfully adopted anywhere. However, how a process of translation might be achieved by organisations conducting responsible downsizing is less developed. While responsible downsizing is not a stable model, some standards or principles are nonetheless necessary to understand the dynamics that underpin such a process and advance knowledge of the topic.

Furthermore, it is unclear how Bergström’s (2007) analysis differs from theories of best practice versus best fit in the HRM literature. Given downsizing is typically conducted by the HR function (Sahdev et al., 1999), it is worth reflecting on how related theories may provide a useful conceptual lens to understand responsible downsizing. In reflecting on these, best practice approaches suggest a universally applicable set of practices that enhance organisational performance across multiple contexts. In contrast, and analogous to Bergström’s (2007) notion of translation, best fit approaches view the ‘success’ of HR practices as mediated by contextual variables. A best fit approach does not reject the value of best practices, but rather acknowledges the interplay between
best practices and the local contexts in which they are applied (Purcell, 1999; Stavrou et al., 2010). Nonetheless, the doubt cast over best practice approaches due to a lack of concern for the influence of context (Marchington & Grugulis, 2000) hence raises similar doubts over its utility in relation to responsible downsizing. In this sense, drawing on HR theories of best practice and best fit offers a route to deepening our knowledge of how the adoption of ‘responsible’ downsizing practices vary depending on the external and internal contexts shaping their implementation.

**Systematic review method**

The systematic review was informed by Tranfield et al. (2003) and utilised academic search databases: Scopus, Business Source Premier, Web of Science and Google Scholar. Other downsizing-related review articles were also mined for relevant articles, along with searches in key HRM journals such as Human Resource Management Journal, Human Resource Management and the International Journal of Human Resource Management. The search terms were split into three dimensions of ‘downsizing’, ‘responsibility’ and ‘human resource management’, detailed in Table 1. Combinations of these three dimensions were configured and provided a targeted search.

An inclusion and exclusion protocol were established (Tranfield et al., 2003) which is presented alongside the logic for the criteria in Tables 2 and 3. Only articles based on empirical research were included. The justification for this was to develop a review based on concrete examples of different downsizing contexts. Articles on survivors and victims had to involve some discussion of the downsizing process rather than only employee impact. An important distinction was identifying the types of ‘responsible’ practices implemented to ameliorate the impact of downsizing, which are arguably antecedent to the employee impact. Some articles involved an overlapping discussion of both the downsizing process and employee outcomes. Where such an overlap was evident in an article it was considered for inclusion.

Overall, 44 articles were reviewed and thematically analysed. An inductive approach was adopted and involved two coding cycles (Tracy,
A first cycle of coding involved making detailed comments on pdf files of the articles that fractured the material into concrete, discrete practices. Once the articles were coded for different practices, these were then contrasted with ‘best practices’ in the policy literature to cross-reference for consistency. A second cycle of coding identified patterns of responsible practice in the articles and lumped these together as a way to develop thematic categories. Further written notes were made in this second cycle that explained how contextual variables shaped the implementation of best practices: this stage helped address the research question around the best fit approach. Discussion of downsizing practices in the review articles was generally framed by specific national or sectoral contexts. A further process of interpretation then abstracted the coded practices into clusters to refine the construction of themes by capturing their wider purpose. For example, evidence of extended consultation periods reflected an augmentation of regulatory compliance, or how outplacement programmes demonstrated a responsibility for employment transitions. The discovery of themes represented different types of responsibility and were defined as the regulatory, procedural, communication and employment responsibilities of organisations.
Table 4 provides an overview of the reviewed articles and an index as to responsibilities each article corresponded with. Many articles were consistent with more than one type of responsibility which illustrated their overlapping and often mutually reinforcing nature: some practices support more than one responsibility. The next section explores these responsibilities and the best fit approach as part of a framework for responsible downsizing.

Downsizing practices and types of responsibility: a best fit approach

Regulatory responsibilities
A core obligation when downsizing is compliance with regulatory responsibilities in the external environment. Regulation exists in national legislation and through supranational bodies such as the EC and the ILO. National statutory provisions around downsizing are ‘harder’ than supranational regulation as organisations must comply, though both offer protection to employees. For downsizing to be considered ‘responsible’, legal compliance represents a minimum behavioural standard (Bonvin, 2007; Mäkelä & Näsi, 2010). ‘Soft’ forms of regulation from supranational bodies are generally understood as best practice despite organisations not compelled to comply. Nevertheless, that basic legal compliance is viewed as necessary for responsible downsizing could be seen as an indictment on the reality of responsible organisational activity as it is arguably the least employees should expect.

In terms of best fit, what is perceived as responsible downsizing in one context is not necessarily so in another (Bergström, 2007). Regulation varies across and within nations, relating to length of employee consultation and trade union influence along with the degree of stakeholder engagement. Research into downsizing has indicated how national and institutional regulatory contexts may enable or constrain the management of the process (Bergström, 2007; De Witte et al., 2005; Garaudel et al., 2008; Johnstone, 2019; Kirov & Thill, 2018; Mäkelä & Näsi, 2010; Pulignano, 2011; Snell & Gekara, 2020). For instance, research points to the role of negotiations with unions over downsizing in terms of regulatory norms or values. The involvement of unions also overlaps with internal procedures and communication practices, discussed below, with supporting evidence from Taiwan (Tsai & Shih, 2013a), Australia (Snell & Gekara, 2020) and across Europe more widely (Kirov & Thill, 2018; Pulignano, 2011).

An issue lacking a focussed discussion in extant research is that in some countries, or sectors, certain norms and values related to responsible downsizing may already be embedded within organisational and
Table 4. Review articles and types of responsibility.

<table>
<thead>
<tr>
<th>Author (date)</th>
<th>Methodology and context</th>
<th>Data analysis method</th>
<th>Regulatory</th>
<th>Procedural</th>
<th>Communication</th>
<th>Employment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doherty et al. (1993)</td>
<td>Multi-sector survey of 628 UK organisations</td>
<td>Quantitative</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turnbull and Wass (1997)</td>
<td>Comparative case studies of downsizing in steel, coal and port transport sectors in the UK</td>
<td>Qualitative</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Eby and Buch (1998)</td>
<td>Survey of 770 displaced professionals in the US</td>
<td>Quantitative</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Stjernberg and Tillberg (1998)</td>
<td>Comparative case study of 4 downsized organisations (local authority, public services, banking, transport) in Sweden</td>
<td>Qualitative</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Kernan and Hanges (2002)</td>
<td>Longitudinal survey (Time 1 n = 163, Time 2 n = 194) of a multinational pharmaceutical company in the US and UK</td>
<td>Quantitative</td>
<td>X</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Tourish et al. (2004)</td>
<td>Survey of 178 individuals at a public hospital split into 2 groups of affected and unaffected by restructuring</td>
<td>Quantitative</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>De Witte et al. (2005)</td>
<td>Interviews with 25 insecure workers in 4 organisations (food manufacturer, airline, automobile factory, bank) in Belgium</td>
<td>Qualitative</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bergström (2007)</td>
<td>Interviews with 29 stakeholders at Vattenfall (state-owned power company) in Sweden</td>
<td>Qualitative</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Bonvin (2007)</td>
<td>Case study of restructuring at Tomos (engineering) in Switzerland</td>
<td>Qualitative</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pfeifer (2007)</td>
<td>Survey of 3036 implicated and non-implicated stakeholders in Germany</td>
<td>Qualitative</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Garaduel et al. (2008)</td>
<td>Case studies of AXA (insurance) and ECCE (textiles) in France</td>
<td>Qualitative</td>
<td>X</td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Forde et al. (2009)</td>
<td>Case study of Welsh steel industry based on three steel plants</td>
<td>Qualitative</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gardielbach and Mader (2002)</td>
<td>Interviews with 125 redundant Welsh steelworkers in Belgium</td>
<td>Qualitative</td>
<td></td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Kieslach et al. (2009)</td>
<td>Comparison of outplacement services in Belgium, Germany, Italy, Spain and The Netherlands</td>
<td>Qualitative</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kim (2009)</td>
<td>Survey of 278 ‘survivor’ employees at a technology firm in South Korea</td>
<td>Quantitative</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ahlstrand (2010)</td>
<td>Case study of Ericsson Telecom (telecommunications) in Sweden</td>
<td>Qualitative</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mäkelä and Näsi (2010)</td>
<td>Case study of restructuring at a paper mill in Finland</td>
<td>Qualitative</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(Continued)
<table>
<thead>
<tr>
<th>Author (date)</th>
<th>Methodology and context</th>
<th>Data analysis method</th>
<th>Types of responsibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pulignano (2011)</td>
<td>In-depth comparative case studies of restructuring in 12 international corporations in the Netherlands, Italy, France, Austria, Denmark, Ireland and Sweden.</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>Rydell and Wigblad (2011)</td>
<td>Case study of Scania (automobile) based on comparing two plants in Sweden</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>Rydell and Wigblad (2012)</td>
<td>Four case studies of plant closures at Iggesund (paper mill), Korsnas (packaging), PLM (engineering) and Scanian (automobile) in Sweden</td>
<td>Qualitative</td>
<td>X, X, X</td>
</tr>
<tr>
<td>Pulignano and Stewart (2013)</td>
<td>Comparative case studies of restructuring in Netherlands, Ireland of Italy in four sectors (manufacturing, telecommunications, transport, food)</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>Tsai and Shih (2013b)</td>
<td>Multi-sector survey of 154 downsized firms in Taiwan</td>
<td>Quantitative</td>
<td>X</td>
</tr>
<tr>
<td>Tsai and Shih (2013a)</td>
<td>Multi-sector survey of 154 downsized firms in Taiwan</td>
<td>Quantitative</td>
<td>X, X</td>
</tr>
<tr>
<td>Dobbins et al. (2014)</td>
<td>Case study of Anglesey Aluminium (metals) in Wales</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>Lakshman et al. (2014)</td>
<td>Experimental design survey of 626 managers/students in Estonia, India, France, and the US</td>
<td>Quantitative</td>
<td>X</td>
</tr>
<tr>
<td>Teague and Roche (2014)</td>
<td>Six focus groups with HR managers and unions (47) and survey of 444 HR managers in Ireland</td>
<td>Mixed methods</td>
<td>X, X, X</td>
</tr>
<tr>
<td>Garaudel et al. (2016)</td>
<td>Study of downsizing practices of 20 case studies France</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>Tanner and Otto (2016)</td>
<td>Survey of 119 employees in 6 manufacturing-based and 2 service-based firms in Germany</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>Bergström and Arman (2017)</td>
<td>Case study of restructuring at a pharmaceutical firm in Sweden</td>
<td>Qualitative</td>
<td>X, X</td>
</tr>
<tr>
<td>Kirov and Thill (2018)</td>
<td>Comparison of restructuring in Luxembourg, France and Romania</td>
<td>Qualitative</td>
<td>X</td>
</tr>
<tr>
<td>López Bohle et al. (2021)</td>
<td>Survey of 681 workers in four retail organisations in Chile</td>
<td>Quantitative</td>
<td>X</td>
</tr>
<tr>
<td>Johnstone (2019)</td>
<td>Case study of restructuring at automobile part manufacturer in the UK</td>
<td>Qualitative</td>
<td>X, X, X</td>
</tr>
<tr>
<td>Snell and Gekara (2020)</td>
<td>Case study of Ford plant closure in Australia</td>
<td>Qualitative</td>
<td>X, X, X</td>
</tr>
<tr>
<td>McLachlan et al. (2021)</td>
<td>Case study of restructuring a steel firm in the UK</td>
<td>Qualitative</td>
<td>X, X, X</td>
</tr>
<tr>
<td>Tsai and Yen (2020)</td>
<td>Interviews with union and management stakeholders (17) and employee survey (282) on firms in Taiwan and UK</td>
<td>Mixed methods</td>
<td>X</td>
</tr>
</tbody>
</table>
in institutional contexts. This may determine whether a process can be described as responsible as different contexts potentially make supposed ‘best practices’ more or less noticeable. For example, a negotiated approach involving bipartite and tripartite agreements between the state, employers and unions around downsizing exists in Nordic countries, reflecting a customary approach to managing downsizing responsibly (Ahlstrand, 2010; Bergström, 2007; Bergström & Diedrich, 2011). In comparison, market driven regimes with minimum regulation such as the UK or US, despite pockets of voluntarist collective regulation existing, mean cases of responsible downsizing may be more celebrated (Forde et al., 2009; Johnstone, 2019; McLachlan et al., 2021).

A common regulatory feature that also reinforces the nature of communicatory practices when downsizing is the presence of consultation with affected employees. Although the scope varies, work by Kernan and Hanges (2002) and Harney et al. (2018) has demonstrated that consultation buffers negative experiences of downsizing and improves employee well-being. Intensive or extensive forms of consultation may reflect responsible downsizing by promoting greater understanding of the process, which in turn elicits perceptions of enhanced support for employees (Harney et al., 2018). Other research has pointed to the positive role of longer consultation periods in building greater time into downsizing for management to deal with its effects on employees and engage with stakeholders, especially in relation to employment transitions (Rydell & Wigblad, 2011, 2012; Ahlstrand, 2010). However, there is little critical reflection on potentially cynical uses of consultation periods, such as through management attempts to implement unplanned redundancies as longer downsizing processes progress (McLachlan et al., 2021). The utility of statutory consultation periods in supporting responsible downsizing is not evident from extant research. Most cases reviewed involve extended consultation periods typically predicated upon discrete, non-statutory, forms of collective regulation.

Examples of organisations going ‘beyond’ minimal compliance with local laws or regulations offer support for a best fit approach and interact with employability concerns of those affected. Research by Ahlstrand (2010) into Ericsson Telecom in Sweden demonstrated that surpassing legal requirements generated positive perceptions among stakeholders. Employees were offered twelve months of support with employment transitions and subsidised salaries that went further than the legally required six month notice period. Another example in the UK steel sector was the collectively regulated provision of severance packages above statutory level. Due to the demanding nature of working in steel as manual workers get older, severance packages were twinned with early retirement agreements. This offered enhanced financial
support to employees while also encouraging voluntary redundancy (Forde et al., 2009; McLachlan et al., 2021), which has typically been viewed as a more responsible approach (Johnstone, 2019).

Procedural responsibilities

The regulatory responsibilities discussed above largely relate to external environments. Research has also illustrated how organisations might adopt internal processes and procedures that recognise the strategic benefits of responsible downsizing. In this sense, the establishment of formalised procedures, such as through company policy documentation, can contribute to the realisation of responsible downsizing (Cascio, 2002; Forde et al., 2009; Rydell & Wigblad, 2011, 2012). The need to make responsible downsizing visible to employees is seen as an attempt to substantiate its implementation. Finding a way to demonstrate a procedural responsibility when managing downsizing can aid organisations in gaining favour of stakeholders by formally integrating them into the process. What seems important is that procedures circumscribing downsizing are perceived as fair, avoiding accusations of ‘foul play’. However, the extent to which formal procedures reflect a managerialist narrative of responsibility has been questioned (Bergström & Diedrich, 2011), as it cannot be assumed they equate to improved employee outcomes and may simply be a facade. Nonetheless, for organisations to differentiate a responsible downsizing process from a more general one (Cascio, 2002; Tsai & Shih, 2013a, 2013b), they typically require the implementation of a series of demonstrably ‘responsible’ procedures that reflect local circumstances.

The timing of downsizing has also proved an important aspect of procedural responsibility. Work by Forde et al. (2009) emphasises the need for organisations to establish an overarching timeline. This approach illustrates what practices to implement and when, and which may also act as a signal to employees of a formalised procedure: the period before the announcement of redundancies; the announcement of redundancies in tandem with the commencement of consultation periods; and the implementation of redundancies. Furthermore, research by Rydell and Wigblad (2011, 2012) into the Swedish automobile sector propose a process model that locates downsizing as a feature of CSR strategy. One outcome is an extended process that provides organisations and employees with longer to adjust to downsizing, which acts to reinforce the extent of support in employment transitions. The significance of more time to develop downsizing procedures is also supported by McMahon's (1999) account of Chrysler in the US. An initial judgement of ‘irresponsibility’ from local government officials was reversed after the
company changed strategy and enacted due process along with a plan to improve local labour market opportunities for those affected.

As discussed, extant research views processes that extend beyond minimum regulatory requirements as a broadly beneficial best practice. That said, internal managerial objectives of downsizing may also shift as longer processes increase the possibility of other structural constraints emerging, such as end of financial year deadlines or strained HR capabilities (McLachlan et al., 2021), which risk undermining a commitment to a responsible approach. A blanket best practice assumption of greater temporality in the delivery of downsizing may therefore fail to recognise its susceptibility to change by HR or senior management as the process progresses.

Procedural responsibility in downsizing is also evident in relation to upholding justice for employees. Research has highlighted the importance of procedural, distributive, informational and interactional justice in the course downsizing (Kernan & Hanges, 2002; Lakshman et al., 2014; López Bohle et al., 2021; Naumann et al., 1995; Stjernberg & Tillberg, 1998; Trevor & Nyberg, 2008; Tsai & Yen, 2020). A fuller discussion of justice is beyond this paper. However, employees and stakeholders are more likely to perceive the process fair if ‘proper’ procedures have been seen to be followed. Heightened perceptions of responsibility amongst employees and stakeholders can be generated if procedural aspects such as selection criteria, transparency and accuracy of information, sufficient compensation policies and employee involvement are seen to be delivered equitably. Subsequently, perceptions of fairness can enhance the motivation and commitment of the post-downsizing workforce (Lakshman et al., 2014; McLachlan et al., 2021; Teague & Roche, 2014). Where the utility of a best fit approach becomes further apparent is with regards to implementing procedures in a way that treats employees with respect and dignity on an interpersonal level. Stjernberg and Tillberg (1998) highlight that best practice instructs management to support employees throughout the process, calling for greater sensitivity given the potential distress caused. A responsible approach therefore involves increased social and empathetic capabilities when managing the variety of human emotions downsizing produces, which may not always be achieved through a standardised best practice procedure.

Despite research indicating HR practices play a role in moderating perceptions of procedural fairness (Hopkins & Hopkins, 1999; Teague & Roche, 2014; Trevor & Nyberg, 2008), perceptions of justice remain highly contingent, which reflects the value in adopting a best fit approach. Such perceptions are shaped by age, gender, tenure and skill level or sectoral norms and values. While best practices in terms of procedural issues such as advance warning periods (Eby & Buch, 1998), severance
pay (Garaudel et al., 2016) or employee involvement (Bergström & Arman, 2017; Pfeifer, 2007) exist, not all of them are of equivalent value to employees. A best fit approach can hence explain how the prioritisation of different practices amongst organisations are determined by the variable characteristics of the workforce, as opposed an application of uniform best practices.

**Communication responsibilities**

An essential feature of responsible downsizing involves HR and management ensuring employees, and their representatives, are involved in the process. In addition to communicatory practices reinforcing regulatory and procedural responsibilities, such as negotiation processes and consultation periods, a further theme focuses on how communication responsibilities can enhance perceptions of fairness (Bergström & Arman, 2017; Eby & Buch, 1998; Hopkins & Hopkins, 1999; Kernan & Hanges, 2002; Kim, 2009; Pulignano & Stewart, 2013; Stengård et al., 2015; Tanner & Otto, 2016; Tourish et al., 2004). Key to communication is information sharing that ranges from minimal updates to strategic or financial rationales for downsizing. As outlined by Tourish et al. (2004) in the healthcare sector, communication depends on the degree to which employees are affected. For instance, ‘victims’ may need detailed information about termination arrangements and available support delivered in a delicate manner, whereas ‘survivors’ may require reassurances on job security and workloads post-downsizing. Communication arguably needs to combine transactional information sharing with a concern for an interpersonal style of interaction not always captured by set scripts.

Other research has stressed the role unions play in delivering communicative practices in terms of early negotiations with management and ongoing employee support, which overlaps with regulatory or procedural concerns (Forde et al., 2009; Garaudel et al., 2008; Kirov & Thill, 2018; McLachlan et al., 2021; Tsai & Shih, 2013b). Where unions are present, they can influence the process and seek to incorporate mechanisms of communication that offer guidance to employees. Given unions often have closer interpersonal relationships with employees (Forde et al., 2009; McLachlan et al., 2021) their role can augment the supportive function of communicatory practices and reduce the managerial one-sidedness of downsizing (Teague & Roche, 2014). The lack of widespread union recognition, and sometimes low national levels of union density, nevertheless raises the question as to the possibility of responsible downsizing in non-unionised contexts or through other forms of employee representation, both of which require further exploration.
Communicatory practices also provide a ‘buffering’ effect between management and employees when addressing the impact of downsizing (Harney et al., 2018; Naumann et al., 1995; Tanner & Otto, 2016). Tanner and Otto (2016) suggest that effective communication is a just means of addressing potential resistance to change wrought by downsizing. A failure to communicate with employees over downsizing may jeopardise procedural and regulatory responsibility, and if critical information is withheld organisations risk being perceived as unethical or irresponsible (Hopkins & Hopkins, 1999). Crucial for responsible downsizing is therefore open communication that eases employee transitions during what can be a tense situation (Eby & Buch, 1998; Forde et al., 2009; Teague & Roche, 2014). However, the dynamics of what a meaningful, interpersonal approach to communication looks like in practice is unclear, despite broad acknowledgement that employees should be permitted opportunities to ask questions and vent personal grievances as downsizing progresses.

Research has also pointed to the relationship between communication and improved informational justice (Kernan & Hanges, 2002; Kim, 2009; Stengård et al., 2015). Informational justice is the extent to which managerial decisions, such as downsizing, are seen as fair and delivered through honest interactions. Where a heightened perception of informational justice exists, extant research has indicated improved well-being and less negative attitudes towards downsizing (Gilliland & Schepers, 2003; Stengård et al., 2015). While the quality of communicative practices is a vital support mechanism for victims of downsizing (Naumann et al., 1995), research by Kernan and Hanges (2002) points to the knock-on effects that positive perceptions of fairness can have on survivors who are more likely to view the organisation favourably as a result; similar to procedural justice.

A best fit approach reveals that although ‘effective’ communication is universally accepted as best practice, the nature of communication is conditioned by the prevailing employment relations climate and the associated power imbalances (Bergström, 2007; Bergström & Diedrich, 2011; Tanner & Otto, 2016). One related assumption made around responsible downsizing is the need for ongoing dialogue (Forde et al., 2009). Organisations may initiate formal communication channels established through HR, senior managers or unions. What is less clear is whether forms of communication are hastily developed on a temporary or bespoke basis, initiated for the purpose of downsizing only, or expand upon pre-existing mechanisms. Nevertheless, what form ongoing dialogue might take in practical terms in responsible downsizing has been under-explored, though could involve establishing forums or committees dedicated to discussing the effects on the post-downsizing workforce.


Employment responsibilities

Providing employment-related support such as help with job transitions and retraining have been an historical best practice in downsizing. Redundancy can cause a sense of loss, primarily in employment and income with attendant effects in terms of career disruption and scarring effects (Gardiner et al., 2009; Turnbull & Wass, 1997). This is especially the case for victims of downsizing, though as noted survivors rarely emerge unharmed. Research has therefore considered the practices taken to mitigate such effects, categorised as an organisation’s employment responsibilities during downsizing (De Witte et al., 2005; Doherty et al., 1993; Eby & Buch, 1998; Forde et al., 2009; Kieselbach & Mader, 2002; Kirov & Thill, 2018; McLachlan et al., 2021; McMahon, 1999; Snell & Gekara, 2020; Trevor & Nyberg, 2008).

A priority in extant research has been the identification of measures that ensure labour market re-entry and avoid long-term unemployment for those affected. Academic research has developed in parallel with the best practice nature of the policy agenda, focussing on practices such as retraining and reskilling through outplacement services and other employability initiatives such as CV writing, interview training or enterprise start-up workshops (De Witte et al., 2005; Dobbins et al., 2014; Doherty et al., 1993; Forde et al., 2009; Kieselbach & Mader, 2002). In doing so, organisations engage with different stakeholders such as external skills and training agencies or government bodies, which may also complement the existence of internal downsizing procedures.

Work by Kieselbach and Mader (2002) sought to advance a European model of outplacement and views such practices as part of a CSR strategy that aids employment transitions for those displaced. The provision of support has received criticism due its limited applicability in certain regional or national contexts. Reskilling and retraining can be mismatched with the needs of employees and local economies, leading to equivocal prospects for those affected (Dobbins et al., 2014). While research points to an ethical duty on organisations to proactively support employees’ careers post-downsizing, this is constrained by contextual factors such as individual biographies and availability of opportunities in local labour markets (Dobbins et al., 2014; Gardiner et al., 2009; McLachlan et al., 2021). Viewing employment responsibilities through a best fit approach considers not just the needs of employees but the relationship of their human capital to local or national external labour markets. Moreover, the potential for responsible downsizing depends on the efficacy of employment transition programmes, which are typically shaped by the strength of regulation and availability of institutional support, along with the extent to which provision is embedded in
national regimes and downsizing norms (Bergström, 2007), and whether HR has an ‘ethical’ orientation (Forde et al., 2009).

In addition, research has explored practices that avoid redundancies (Forde et al., 2009; Johnstone, 2019; McLachlan et al., 2021), which are indicative of a responsible approach as they retain employment for those affected. One practice conducted primarily through HR mechanisms is redeployment strategies that offer alternative employment internally. Internal redeployment is a feature of best practice toolboxes and in some countries overlaps with prevailing regulations or law, with the underlying goal of securing any type of employment to avoid unemployment. Nonetheless, research has highlighted how internal redeployment has arguably been extended due to best fit considerations and sometimes developed into a sophisticated practice that reflects a strategic focus on a fair and just approach to the management of downsizing (Johnstone, 2019; McLachlan et al., 2021) while shielding employees from the vagaries of the external labour market. Work by McLachlan et al. (2021) on ‘endurers’ has advanced insights into the role of HR in redeployment. The authors highlight unresolved challenges such as whether endurers view redeployments as suitable and consistent with their skillsets and competencies. Such an approach puts greater demands on HR’s ability to act ‘responsibly’ and address the personal and professional needs of redeployees. Importantly, if redeployment is not delivered satisfactorily it can have strategic consequences in terms of maintaining morale, motivation and commitment post-downsizing (Teague & Roche, 2014), which may prove counterproductive to a commitment to a responsible downsizing through potential violations of the psychological contract.

The dynamics of responsible downsizing: a framework

Figure 1 presents a visual representation of the framework. The framework illuminates the dynamics between four types of responsibility and HR theories of best practice and best fit, facilitating insights into their relationship to responsible downsizing. In this sense, the framework sets out what such a process might look like, and how it could be achieved. Some guiding questions for organisations conducting responsible downsizing may thus be: Which practice(s) would help us to address each type of responsibility? How does our specific downsizing context constrain or enable the adoption of certain responsible practices? In addressing these questions, the framework posits some key tenets.

An important standard of the framework is understanding how different types of responsibility can be addressed by organisations. As highlighted in the preceding discussion, types of responsibility overlap
and can be mutually reinforcing, meaning responsible downsizing can arguably be understood as all four being addressed in combination. The types of responsibility represent four key factors in the framework. These are not discrete or static phenomena and responsibilities may work in tandem as certain practices address one or more when implemented.

For example, consultation periods reflect regulatory and procedural responsibilities but also contribute to communication and employment responsibilities if proactively engaged in a meaningful and substantive way by organisations. Similarly, internal redeployment may be a regulatory requirement in some countries yet also offers organisations the opportunity to address their employment responsibilities by avoiding compulsory redundancies. The framework therefore opens the possibility for organisations to realise the potential interconnectedness of different types of responsibility when implementing responsible downsizing.

The framework also illustrates some guidelines for organisations conducting responsible downsizing. In addressing types of responsibility, organisations can consider the most relevant best practices from extant policy, academic or practitioner literature for application to their specific, local downsizing situation. In this sense, the framework does not instruct organisations to eschew the utility of best practices but instead posits a best fit approach that recognises the differential impact of their application. The intention is to gear organisations towards how an application of best practices is informed by organisational, societal and institutional factors by affording primacy to how practices accord with different types of responsibility in different contexts. In this sense, contextual settings are important because different types of responsibility will reflect deeply embedded values, beliefs or norms, which will help organisations make sense of downsizing practices and their likely effect.
Based on the reviewed articles, the influence of contextual variables in responsible downsizing relates, but is not exhaustive, to national industrial relations systems, legal environments, regional labour markets and workforce demographics. In addition, such contextual variables may interact and further shape the potential for responsible downsizing. For example, organisations may go beyond minimal legal requirements because of negotiations with unions or other employee representatives. Similarly, organisations may provide varying standards of retraining and outplacement services depending on the types of opportunities in the local labour market and the skill level of affected employees. Amplifying the role that internal and external contexts play, and especially internationally, can therefore lead to an improved understanding of what is, and is not, considered responsible within an organisation's particular setting. Responsible downsizing is therefore a contextually-embedded process, rather than set of a universally applicable practices.

The relationship between downsizing practices and the responsibility they represent is thus crucial. Table 5 summarises the responsibilities and practices reviewed in the development of the framework to clarify concrete examples as to how responsible downsizing might be achieved. In this sense, responsible downsizing is premised upon organisations addressing different types of responsibilities. This is in contrast to a rudimentary application of uniform best practices that neither reflect localised contexts and contingencies nor indicate the type of responsibility they aim to address.

**Discussion and future research agenda**

Based on a review of empirical articles, this paper has developed a framework for responsible downsizing that is sensitive to the influence of organisational, societal and institutional contexts. The framework is predicated on questioning the assumptions of the prevailing best practice approach. Importantly, a framework for responsible downsizing based

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<th>Table 5. Summary of responsibilities and practices.</th>
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<td>Type of responsibility</td>
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on existing evidence has been lacking in extant HRM literature. In taking stock of what is and is not known about responsible downsizing, the paper contributes to our knowledge of the topic in two key areas.

Firstly, the theoretical focus of the paper is distinct from Bergström (2007) as responsible downsizing is analysed in relation to HR theories of best practice and best fit. Specifically, given Bergström (2007) does not develop a framework for the process, this paper builds on previous work by facilitating insights into what the translation of downsizing best practices to local contexts might look like. Therefore, a key contention of the paper is that a framework theoretically underpinned by a best fit approach offers a more useful way to understand the relationship between responsible downsizing practices and local contexts. This stands in contrast to a dominant focus on best practice toolboxes in the academic and policy literature. While recognising that responsible downsizing is a dynamic process that cannot necessarily be applied anywhere, the framework extends our understanding by positing key tenets to aid organisations in its implementation; as outlined above.

Secondly, the framework refines the blanket notion of ‘responsibility’ evident in the nomenclature of previous studies by substantiating its meaning in relation to downsizing. The framework contributes a nuanced understanding of responsibility in downsizing, stressing the regulatory, procedural, communication and employment responsibilities of organisations. The development of the framework, formed through a systematic review, deepens our knowledge of the topic by establishing novel insights into the different types of responsibilities organisations are confronted with when downsizing. In doing so, the framework posits that organisations afford primacy to enacting these responsibilities by reflecting on how certain practices might contribute to each type being addressed. Furthermore, this contribution parallels conceptual developments in the CSR literature where different types of responsibility are identified, refining our focus on what responsible downsizing involves.

The analytical development of the framework goes beyond synthesising extant research by abstracting from best practices in the reviewed articles and clustering them into thematic categories based on patterns of responsibility. Analysis focussed on illustrating instances where best practice existed but was adapted, or augmented, because of localised contingencies and contexts. Moreover, the framework corroborates research elsewhere that an essential criterion of responsible downsizing is to ameliorate the negative effects for employees. Organisations may nonetheless have additional economic responsibilities to shareholders when conducting downsizing based on cost-cutting and efficiency concerns, or other responsibilities to unions and stakeholders in the local community.
A further implication of the paper relates to how the economic crisis resulting from COVID-19 means downsizing will continue apace. Developing strategies to mitigate the often profound consequences of redundancy is therefore significant and will arguably require organisations to adopt responsible forms of downsizing. The current use of job retention schemes such as short-time working and furloughing in response to the pandemic (Scarpetta et al., 2020) reflect aspects of responsible downsizing given such schemes have helped mitigate some of the associated hardship for employees by preserving employment through an economic crisis. The future of these schemes nevertheless remains an open question and is dependent on decisions made by states and organisations within national contexts.

Against this backdrop, this paper maps three critical areas for future research. Firstly, the framework establishes a schema for future research into responsible downsizing. The framework can be applied to cases of downsizing to evaluate how practices and processes address different types of responsibilities. Applications of the framework may reveal instances of responsible and irresponsible downsizing. Documenting examples of both is essential to an ongoing conceptual refinement of the topic. The framework will aid researchers in understanding the scope of what different types of ‘responsibility’ look like in variable downsizing contexts. Furthermore, future research should expand on the overlapping and mutually reinforcing nature of different types of responsibility. This provides an opportunity to explain in more depth the potential causal interactions between responsibilities, which may produce a more dynamic understanding of responsible downsizing.

Secondly, in arguing for the value of a best fit approach future research should involve closer interrogation of the contextual factors that interact in the course of responsible downsizing. This would require empirical examinations of variables influencing the process. In addressing this, through comparative empirical studies, the extent to which responsible practices are embedded within organisational, societal and institutional norms will be further illuminated. For instance, some factors contributing to responsible downsizing are where unions are present at the workplace (Forde et al., 2009; McLachlan et al., 2021), where countries have social democratic traditions (Ahlstrand, 2010; Rydell & Wigblad, 2012; 2013; Bergström & Diedrich, 2011) or where there is state influence on the process (McMahon, 1999; Snell & Gekara, 2020). Understanding the potential for responsible downsizing in situations where these factors are absent can help further explain the conditions that underlie the success or failure of organisations. Responsible downsizing is unlikely to be possible in all contexts as there may be other social, economic and political factors that constrain the realisation of
the process, or disincentivise organisations from adopting such an approach. Revealing the way different contextual factors circumscribe responsible downsizing would nonetheless be beneficial in developing an international picture of the topic.

Thirdly, future research should focus on understanding to whom downsizing is responsible. An accepted notion is that responsible downsizing aims to ameliorate the negative effects of redundancies. Nonetheless, there is also research that indicates potential strategic benefits for organisations, such as improved job satisfaction and firm innovation (Tsai & Yen, 2020) or the maintenance of a positive psychological contract (Teague & Roche, 2014). Organisational and employee outcomes may be complementary. However, distinguishing between these outcomes would enhance the critical focus through an evaluation of how practices ostensibly addressing employee concerns may in practice disproportionately serve managerial objectives. For instance, the potential for management to cynically exploit procedural and temporal issues through a superficial framing of downsizing as responsible remains largely under-explored. Management may be more concerned with establishing an image of responsibility to the workforce, as opposed to genuinely acting responsibly. More substantive concerns for the personal and professional needs of employees, such as retraining or other support services, may be disregarded in favour of ensuring a narrative of ‘responsible’ downsizing (Bergström & Diedrich, 2011). Packaging downsizing as ‘responsible’ may be nothing more than an ‘empty shell’ of a strategy, simply serving organisational goals by preserving their public reputation or obtaining the workforce’s consent to what is often an essentially difficult and unpleasant process.

**Implications for practice**

There are three implications for HR practitioners emerging from the framework. Firstly, the framework may act as a heuristic for HR and senior managers tasked with implementing responsible downsizing. Practitioners may consult lists of best practices and reflect on how these aid in addressing each responsibility by adapting practices to their specific organisational context. Practitioners likely already adopt a best fit approach when implementing downsizing: the framework hence recognises complementarities between a best practice and best fit approach (Stavrou et al., 2010). Yet the framework positions the notion of acting responsibly as a guiding principle. The intention is to encourage greater reflection on strategies for addressing responsibilities during downsizing rather than resorting to a ‘tick box’ exercise concerned with the simple incidence of practices.
Secondly, the framework points to a utility in integrating internal and external stakeholders into downsizing processes. As apparent from the reviewed articles, responsible downsizing demands that organisations engage with unions, state officials and training or skills agencies as such actors can contribute to the overall design and implementation of the process. HR practitioners will need to invest in relationships with stakeholders and manage expectations of what is feasible in relation to different types of responsibility: this might involve establishing responsible downsizing committees or ‘task forces’ as a way of coordinating stakeholder interests throughout and beyond the process. However, one challenge facing HR practitioners in managing stakeholder interests is determining the relative importance of different groups as not all stakeholders are necessarily equal. Furthermore, a stakeholder approach may be more common in coordinated market economies, though is also possible more liberal market economies as discussed.

A third implication for HR practitioners lies in the effective management of employees as part of an overall strategic focus on a fair and just approach to downsizing. The framework stresses the importance of addressing the needs of employees, in terms of adopting a responsible approach, but also the potential strategic benefits of doing so. Acknowledging how best practices are enabled by contextual variables, or made vulnerable by them, may be useful for HR practitioners in deciding what is possible when conducting responsible downsizing.

**Conclusion**

The principal contribution of this paper is the development of a framework for responsible downsizing, located within HR theories of best practice and best fit. In doing so, the paper contends that responsible downsizing is better understood as theoretically underpinned by a best fit approach. The framework outlines how responsible downsizing might be achieved, building on Bergström’s (2007) notion that downsizing practices must be translated into local contexts if a responsible process is to be assumed. In this sense, the paper questions the assumptions of the prevailing best practice focus in academic and policy downsizing literature. That said, the framework does not reject the need for best practices, but rather advances the argument that responsible downsizing should be seen as a contextually-embedded process rather than the mere incidence of supposed universally applicable best practices. Organisational, societal and institutional factors hence shape the implementation of responsible downsizing. Furthermore, four different types of responsibility placed on organisations during downsizing are identified that nuance our blanket understanding of ‘responsibility’ in previous studies: regulatory, procedural,
communication and employment. The importance of responsible downsizing has nonetheless been brought into sharp relief due to the economic crisis and consequential redundancies caused by COVID-19, demanding we deepen our knowledge of the types of practices and processes that mitigate the profound effects of downsizing on affected employees.

**Disclosure statement**

No potential conflict of interest was reported by the author.

**Data availability statement**

Data sharing is not applicable to this article as no new data were created or analysed in this study.

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