

# 1 Long-term phosphorus removal in Land Treatment 2 Systems: evaluation, experiences and opportunities

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4 MARIA DEL MAR BATISTA SEGUÍ, TIM HESS, RUBEN SAKRABANI,  
5 SEAN TYRREL

6 *School of Water, Energy and, Environment, Cranfield University, UK*<sup>1</sup>  
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10 Excessive release of phosphorus (P) from urban wastewater into water bodies is a significant  
11 environmental concern. Land treatment systems (LTS) have been used for the last 150 years as  
12 a low cost, and low energy tertiary wastewater treatment. However their P removal capacity is  
13 limited by soil adsorption capacity. Accurate P-removal lifespan prediction is needed to  
14 provide confidence in this technology and to support long-term wastewater treatment planning.  
15 This review outlines the history of LTS, describes the main P removal processes in soils and  
16 critically analyses the research methods used to date to assess long term P removal in soil.  
17 Finally, an assessment is made of the role that modelling tools can play in aiding our  
18 understanding of P processes in LTS soils and in forecasting system longevity.

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21 **KEY WORDS: phosphorus, soil, wastewater treatment, longevity, modelling**

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<sup>1</sup> Address correspondence to Sean Tyrrel, School of Water, Energy and Environment,  
Cranfield University, Cranfield, MK43 0AL, UK. E-mail: s.tyrrel@cranfield.ac.uk Tel: +44  
(0)1234 758320

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## 1. INTRODUCTION

23 The release of excessive soluble phosphorus (P) to water bodies is a significant global  
24 environmental concern and the resultant eutrophication is one of the most common water  
25 quality problems (Smith et al. 2006; Carpenter & Bennett 2011). The consequence of  
26 eutrophication is the degradation of water resources by toxic algal blooms, excessive aquatic  
27 plant growth, oxygen depletion, death of aquatic life, and consequent loss of biodiversity.  
28 Together these water quality impacts can cause considerable loss of value of fresh water  
29 ecosystems in terms of diminished recreational value and profit reductions of the tourist sector  
30 (Carpenter & Caraco 1998) and increased water treatment costs. Pretty et al. (2003) quantified  
31 the eutrophication damage in England and Wales to be around £155 million per year.

32 The sources of P in surface waters vary depending on each context, and they can be classified  
33 as diffuse and point sources. The main diffuse pollution sources in the UK are natural  
34 landscapes, agricultural fields, rural and urban surfaces, waste from non-sewered populations,  
35 farm animals and, atmospheric deposition. The principal point sources are municipal and  
36 industrial effluent. The total P load to surface waters in Great Britain is estimated to be 41.6  
37 kt/a: municipal effluent is the largest fraction with 60.7% of the P contribution, while the  
38 agricultural and industrial contributions are 28.3% and 4.6% respectively (and others 6.4%)  
39 (White and Hammond, 2002). The total phosphorus (TP) concentration in typical municipal  
40 wastewater depends on the local water consumption and it ranges from 4-25 mg/l (Henze et al.  
41 2008). The principal sources of P in municipal wastewater in the UK are black water (66%)  
42 and grey water (34%) (White & Hammond 2002).

43 Since domestic wastewater is a main source of P, the EU (EU Parliament Regulation 2004) and  
44 countries such as USA, Canada or Japan, have focused their efforts during the last decades on  
45 reducing the P content in detergents (European Commission 2012). In 2010, the Detergents

46 Regulations in the UK (UK Parliament 2010) banned the commercialization of domestic  
47 laundry detergent that contained more than 0.4% of inorganic phosphates (Richards et al.  
48 2015). Hence, to complement the measures to control P at source, many governments are  
49 setting strict pollutant discharge limits in their environmental policies. The European Waste  
50 Water Directive (European Commission 1991) sets discharge limits concentrations in  
51 wastewater effluents to sensitive areas at 1-2 mg/l for TP (depending on the population).  
52 However, in order to meet the standards of the receiving waters, required by the Water  
53 Framework Directive (European Commission 2000) it is expected that discharge P limits will  
54 have to be further reduced and in some cases it may be as low as 0.1 mg/l (Parliamentary Office  
55 of Science and Technology 2014).

56 Because of the need for efficient treatment, new technologies have been developed to enhance  
57 P removal from sewage but with the increased effectiveness their cost has risen. Thus, to meet  
58 these legal requirements, the wastewater industry faces the problem of providing efficient but  
59 low cost, low energy and low carbon wastewater treatments. Land treatment - defined by Crites  
60 et al., (2000, p. 7) as the “controlled application of water onto the land surface to achieve a  
61 specified level of treatment through natural, physical, chemical, and biological processes  
62 within the plant-soil-water matrix”- can help to overcome these challenges, however such  
63 systems have a finite capacity for P removal because of the limited adsorption capacity of the  
64 soil.

65 The aim of this paper is to critically review the existing knowledge and tools available for  
66 making reliable predictions about how long a Land Treatment System (LTS) can effectively  
67 perform as a tertiary treatment for wastewater without compromising the quality of the nearby  
68 environment and to identify the current knowledge gaps in long-term P removal behaviour of  
69 these systems. In order to analyse the previous studies about long term performance of LTS,  
70 the state-of-the-art is examined using the following approach: description of LTS and problems

71 associated with P forms in this type of natural wastewater treatment; analysis of current  
72 knowledge regarding P removal and longevity in laboratory-scale and full-scale systems; and  
73 finally, evaluation of the gaps for further research needs.

## 74 **2. LAND TREATMENT SYSTEMS**

75 Since humans established permanently in communities, LTS have been used as a way to  
76 manage wastewater (Inc. Metcalf & Eddy et al. 2003). Historical reports illustrate the use of  
77 LTS in early Greek and Chinese civilizations as an irrigation and sanitation method  
78 (Tzanakakis et al. 2007), but it was not until the second half of the 19<sup>th</sup> century when “sewage  
79 farming” (a historical term used for LTS) was used to protect public health after the cholera  
80 epidemics in England. This expansion drove the development of the basic principles of  
81 planning, operation and management of the systems. By that time, the first LTS appeared in  
82 the USA, France and Germany contributing to the development of the technology. However,  
83 their use declined as a result of the development of more intensive treatments to cope with  
84 population growth and lack of land availability (Jewell & Seabrook 1979). In the USA, the  
85 Clean Water Act (The 92nd United States Congress 1972) renewed interest in land treatments  
86 when planners realized that these systems were able to meet new discharge requirements of the  
87 National Pollutant Discharge Elimination System. Recently, interest in these systems has been  
88 renewed due to the possibilities that they offer as on-site treatments for remote areas and small  
89 communities, overcoming the high energy cost of conventional systems. In addition, they have  
90 been used as a tertiary treatment for polishing effluent from Wastewater Treatment Plants  
91 (WWTP), in some cases utilising the supply of nutrient-rich water for biomass production for  
92 economic benefit (Paranychianakis et al. 2006; Nissim et al. 2015).

93 During the period 1920-1970, LTS were used as a tertiary treatment in the UK to provide  
94 confidence with respect to meeting the so-called Royal Commission 20:30 biological oxygen

95 demand: suspended solids discharge consent standard which was widely applied at British  
96 wastewater treatment works (Gray 1989). Many of these LTS were subsequently inherited by  
97 the regional water authorities following the Water Act (1973) and remain today. Sweaney  
98 (2011) gathered data in relation to organic matter, suspended solids and ammonia removal from  
99 20 LTS used for tertiary treatment by UK water companies and found that the systems did not  
100 have any formal design and used different applications rates and sizes (probably due to the lack  
101 of official guidance), this made it difficult to draw conclusions about any performance trend.  
102 The study however did not show results for P (Sweaney, 2011).

103 Compared to mechanical or chemical wastewater treatments, LTS are cheaper to operate and  
104 maintain, whilst also being less energy demanding (Sapkota et al. 2014; Tzanakakis et al.  
105 2007). Their main constraint is that they require larger amounts of land than conventional  
106 centralised wastewater treatments, so they have largely been used in rural areas, for single  
107 household or small-scale applications, where land availability is not a problem. They have been  
108 successfully implemented for small communities (< 10 000 p.e.) in Scandinavia, the UK,  
109 Australia and USA.

110 Depending on the loading rate and flow path, LTS can be classified, into: slow rate (SR),  
111 overland flow (OF) and rapid infiltration (RI) systems (Smith 2006). Each achieves different  
112 performance outcomes and can/not be implemented, depending on the site characteristics and  
113 the desired level of treatment (Table1). In LTS, the main treatment mechanisms are: chemical  
114 retention and transformation, mechanical retention and biological transformation. While  
115 mechanical retention (e.g. grass filters strips) and biological transformation can treat pollutants  
116 such as solids, organic matter (OM), nitrogen and pathogenic microorganisms; adsorption and  
117 precipitation are the main processes responsible for P removal in soils (Vohla et al. 2011).  
118 These mechanisms differ from soil to soil and depend significantly on soil surface chemistry  
119 and pH.

120 Each type of soil is characterized by a P fixation capacity and is dependent on the number of  
121 reactive sites that can react with the phosphate. It depends on the amount and type of clay  
122 present, the soil pH and the OM content. When all the P-fixation sites are filled, the maximum  
123 phosphorus-fixing capacity of the soil is reached, thus the soil is supersaturated with P (Brady  
124 & Weil 2008). Consequently, P removal in LTS is a finite process (Drizo et al. 2002). In these  
125 situations the required level of P removal is not achieved and excess P can be released to the  
126 environment either in leachate or runoff as dissolved P.

127 Although longevity of the LTS is one of the key parameters to achieve cost-effective  
128 treatments, little research has been carried out regarding effects of long term wastewater  
129 application in LTS and the longevity of the system in terms of P removal (Hu et al., 2006).  
130 Three key questions regarding long-term P removal in LTS remain (Hu et al. 2005; Hu et al.  
131 2006; Robertson 2012; Weiss et al. 2008; Moura et al. 2011; Eweborn et al. 2012; Eweborn et  
132 al. 2014): i) is the required knowledge available about how long one of these systems can  
133 immobilize P?, ii) what are the mechanisms involved and what is their relative importance?  
134 and iii) what should be the approach to estimate of the P removal capacity by LTS in the long  
135 term?

### 136 **3. PHOSPHORUS REMOVAL PROCESSES IN LAND TREATMENT SYSTEMS**

137 The main removal phosphorus mechanisms in natural treatments are vegetation uptake,  
138 microbial processes, precipitation and adsorption (Reddy et al. 1999). In overland flow systems  
139 vegetation uptake removal pathway can be significant (~20-30%) if vegetation is harvested  
140 regularly (Crites et al. 2006). Precipitation is the process in which phosphates can be removed  
141 from the soil solution when it reacts with Fe, Al, Mn (acidic soils) or Ca (basic soils) to form  
142 phosphate minerals. This process is considered to be irreversible but depends on pH, redox  
143 conditions and the concentration of the mineral ions in solutions required to precipitate

144 (McCray et al. 2009). Adsorption is the process of fixation (chemisorption) of  $\text{PO}_4$  ions to soil  
145 particles. P interacts with soil particles in its exchangeable orthophosphate form, the pH drives  
146 the availability of each orthophosphoric form in the soil solution  $\text{H}_3\text{PO}_4$ ,  $\text{H}_2\text{PO}_4^{-1}$ ,  $\text{HPO}_4^{-2}$  and  
147  $\text{PO}_4^{-3}$ , at soil pH,  $\text{PO}_4^{-3}$  has the strongest binding capacity (MacBride 1994). Positive charged  
148 soils with Fe, Al, Ca content attract phosphate ( $\text{PO}_4$ ) anions but they can also be adsorbed to  
149 the soil surface through non-electrostatic forces (Evangelou 1998). Adsorption is fast process  
150 but desorption is usually slower. It is driven by an equilibrium constant and if the concentration  
151 of  $\text{PO}_4$  ions rise in the soil solution, the ion will adsorb to soil charged surfaces to restore the  
152 equilibrium. Adsorption is limited by the number of available sorption sites (McCray et al.  
153 2009)

154 Despite the numerous studies and significant knowledge regarding all these processes, it is  
155 complicated to predict P removal performance in LTS as different environments (soil pH, soil  
156 type, temperature, etc.) will promote different processes that operate at different rates (McCray  
157 et al. 2009). Current understanding of soil P availability to plants gives us a conceptual model  
158 to help us to understand P dynamics in LTS. Syers, Johnston & Curtin, (2008) proposed that  
159 phosphorus in soil can be considered to be in one of four different pools on the basis of its  
160 availability to the plant: immediately available P in soil solution, readily available P that is  
161 adsorbed weakly at the soil surface, more strongly bound P that is less available, and finally  
162 very strongly bound P that is either of very low availability or inaccessible. High concentrations  
163 of P in soil solution due to wastewater irrigation ( $\sim 10$  mg P/l) will encourage an initial rapid  
164 phase of P sorption on high-affinity sites on the soil surface (Paranychianakis et al. 2006). The  
165 positive charges associated with soils with a high anion exchange capacity allow rapid, readily-  
166 reversible and non-specific electrostatic adsorption of anions such as phosphate. These sorption  
167 processes are pH dependent and are likely to be associated with the surfaces of Fe and Al  
168 minerals in strongly acid to neutral systems and on Ca minerals in neutral to alkaline systems

169 (Lindsay 1980). A slower phase of P removal is attributed to phosphorus diffusion in poorly  
170 accessible sites and/or to chemical precipitation which apportions P to the strongly-bound pool  
171 (Paranychianakis et al. 2006; Syers et al. 2008). Inorganic P compounds in soils are commonly  
172 associated with iron, aluminium, and calcium. These compounds have a high degree of  
173 variability in their solubility and stability which are influenced by pH. Those compounds with  
174 very low solubility, such as apatite ( $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH},\text{F},\text{Cl})_2$ ), would be associated with the very  
175 low availability pool.

176 One of the key issues related to the study of lifespan of LTS is the time dependency component  
177 in the P immobilization reaction (Paranychianakis et al. 2006; Cucarella & Renman 2009). It  
178 consists of a two-step reaction: an initial and fast sorption phase and a slower phase related to  
179 P diffusion or/and chemical precipitation. However, the secondary slow or irreversible sorption  
180 that has been widely documented in these laboratory studies was not evident in long term P  
181 monitoring in septic tanks plumes in Canada by Robertson (2008). Consequently, Robertson  
182 concluded that, secondary P attenuation processes, such as P diffusion into soil particle  
183 microsites, slow recrystallization of sorbed P to insoluble metal phosphate minerals, or slow  
184 direct precipitation could be inactive in ground water zones or too slow to be observed in the  
185 16-year period of the study, suggesting that P can be remain mobile for decades with the  
186 consequent risk of impact to nearby rivers and lakes.

187 If soil characteristics change over time, P sorption capacity (PSC) may not remain constant,  
188 which has implications for LTS lifetime estimations. Changes in physical and chemical soil  
189 properties due to continuous application of wastewater have been characterized from previous  
190 studies. These changes may also affect the P sorption capacity of the soil which is often  
191 assumed to remain constant for a certain site during the lifespan of the LTS (Hu et al. 2005).  
192 Hu et al. (2006) described an increase in pH from 5.6 to 7.0 in the top 15 cm layer of the soil  
193 after more than 30 years of high pH (~8.5) wastewater application coming from a paper mill

194 (25%), other industries (~25%) and (~25%) from domestic wastewater in the Muskegon  
195 Wastewater Treatment facility (USA) with major soil types categorized as sands. These results  
196 are consistent with those of Richardson et al. (1988) who reported statistically significant  
197 increases ( $P>0.95$ ) in North Carolina in three acidic mineral soils at a coastal plain swamp after  
198 municipal wastewater additions for 30 years. On the contrary, Eveborn et al. (2014) in their  
199 study of P accumulation and mobility in soil treatment systems after 8 to 11 years of domestic  
200 wastewater application in sand filter beds, revealed that the pH of the top layer was between 1-  
201 2 units lower than in reference samples. Their interpretation in this case was that the pH change  
202 was due to the chemical dissolution and consumption of reactive calcium oxide and other  
203 alkaline minerals or acidifying organic degradation processes. However, the study points out  
204 that the results in the surface layer might be also have been affected by surface regeneration  
205 works carried out during the study. Moreover, due to long-term high salt content effluent  
206 application in the Muskegon studies, exchangeable Ca concentrations increased ten fold  
207 (Zhang et al. 2007; Hu et al. 2005; Hu et al. 2006). Hu et al. (2006) suggests that the increase  
208 in the pH might have as a consequence the increase in the exchangeable Ca in the topsoil and  
209 links this with the possibility of an extension of the lifespan of the LTS. The experiments of  
210 Eveborn et al. (2014) also suggest that the increase in oxalate extractable Al and Fe could be  
211 due to weathering mechanisms provoked by acidification of the soil after the wastewater  
212 additions, which will also affect the sorption capacity of the soil.

213 It is clear that efficiency of P removal declines with time, with slower sorption processes  
214 approaching the equilibrium, and that a number of factors affect it (soil mineral type, amount  
215 of clay, pH, OM, anion presence or temperature). However, Drizo et al. 2002 and Hu et al.  
216 2005 pointed out the possibility of long-term P accumulation and removal capacity  
217 regeneration. The proposed mechanism depends upon the formation of new P-retentive surface  
218 clusters through phosphate compound adsorption that act as new reactive sites for adsorption

219 and precipitation. Ekeborn et al. 2014 also suggests that P bound to the surface in stable pools  
220 may in the long term increase the P sorption capacity of soils due to changes in pH and in  
221 oxalate-extractable metals during the wastewater application. Furthermore, Drizo et al. 2002  
222 demonstrated that a wetland constructed using electric arc furnace slag as a filter medium got  
223 back 74% of its P retention capacity after four weeks rest and claim that other studies observed  
224 that soils had restored their P adsorption capacity after repeated wetting and drying cycles. The  
225 mechanisms involved are not well understood, but it is suggested that it is related with elevated  
226 pH after draining the material that will bring Ca, Fe and other mineral ions in supersaturation  
227 with the solution to create new sites for P adsorption/precipitation in the filter pores Bisone et  
228 al. (2016) studied behaviour of a clay soil with wastewater additions and the influence of  
229 hydraulic loading. The study focused on the evaluation of wetting and drying cycles in clay  
230 soil used for wastewater treatment and results indicated the potential to adsorb P and that  
231 saturation and desaturation cycles did not influence phosphate retention but enhanced  
232 nitrification. However, the soil saturation can lead into P desorption caused by Fe reduction  
233 and therefore intermittent loading can favour infiltration and help to avoid desorption  
234 Therefore, LTS design and management approaches which permit resting periods could allow  
235 the use of clay soils as a longer term polishing treatment for P removal.

#### 236 **4. METHODS TO ASSESS PHOSPHORUS REMOVAL CAPACITY IN SOILS**

237 The standard tests to assess P transport in soils (such as water extractable phosphate,  
238 exchangeable phosphate, sorption and desorption isotherms) are usually based on agronomic  
239 aspects of P availability for the plant and not to determine environmental risk of P loss in soils  
240 (Moura et al. 2011). Although they can be used to quantify the nature and quantity of P  
241 concentrations in the soil, a better understanding is needed to determine which of those indices  
242 are more suitable to better assess long-term P fate in LTS.

243 Hooda et al. (2000) studied the potential of different soil tests to predict P release to water of  
244 different soils in the UK that had received long-term fertilization or sewage sludge: Soil Test  
245 P (STP), sorption–desorption indices, the degree of saturation of P (DPS) and the amount of  
246 water dissolvable-P. The study discussed that the DSP of the soils is more important than other  
247 indices because soil extractable-P does not integrate the P soil characteristics, but the DSP  
248 index associates P management and soil type factors helping to identify soils that are likely to  
249 become diffuse sources. Moura et al. (2011) studied the effects of long-term reclaimed water  
250 application on P leaching potential in rapid infiltration basins, the study concluded that  
251 extractable P and P-saturation ratio are good indicators of soluble concentrations in the  
252 leachates. Furthermore, Hu et al. (2005) reported that labile P distribution is not a good  
253 indicator of P leaching in soil wastewater treatments since it is not correlated with TP, Fe-  
254 bound P, or Ca/Mg-bound P, but, identified the need for a new index that integrates DSP and  
255 Ca adsorption.

256 Traditionally, the P removal capacity of the soils has been related to the absorption-adsorption  
257 P capacity. This can be determined by batch-scale experiments where the soil interacts with  
258 solutions at different P concentrations until the equilibrium is reached, and translated to  
259 Langmuir or Freundlich equations to represent their kinetic relationship (Kovar & Pierzynski  
260 2009). However, many researchers agree that there is a lack of studies advising how to interpret  
261 and use such batch experimental results to assess long term effects and life expectancy of soil  
262 infiltration systems (Zhang et al. 2007; Cucarella & Renman 2009; Hu et al. 2006; Eveborn et  
263 al. 2012; Drizo et al. 2002).

264 Nair et al. (1984) identified a wide range of methodologies that had been used to determine P  
265 adsorption. Although diverse methodologies made the comparison among studies difficult,  
266 they proposed a standard method to predict the partitioning of the dissolved inorganic P. In  
267 addition, Graetz & Nair (2000) pointed out that the laboratory procedures to determine the P

268 adsorption had advantages; such as the possibility to separate the soil and solution or the  
269 possibility to obtain the necessary volume sample for carrying out the tests. However, they also  
270 described experimental disadvantages such as particle breakdown while shaking. The study of  
271 Hooda et al. (2000) asserts that phosphorus adsorption-desorption isotherms are useful to  
272 compare soil characteristics but their empirical nature make them unsuitable to explain  
273 mechanisms of sorption-desorption of P in soils as they do not reflect field conditions like  
274 runoff or rainfall.

275 The Onsite Wastewater Treatment Systems Manual from the Office of Research and  
276 Development of the U.S. Environmental Protection Agency (2002) states that the estimation  
277 of soil capacity removal can be based on sorption isotherms but it totally underestimates the  
278 capacity of P removal since they do not reflect the slow reactions that take place (the standard  
279 procedure extraction time is 24h) and declare that studies revealed that, in the long term, the  
280 capacity could be extended from standard isotherms predictions by 1.5-3 times. Similarly, Hu  
281 et al. (2006) evaluated the effects of long-term wastewater application on sorption capacity of  
282 the soil by comparing the 1-day maximum sorption capacity ( $P_{\max}$ ) before and after long-term  
283 wastewater application. The study revealed that the 1-day  $P_{\max}$  increased by ~3 times since the  
284 start of wastewater application indicating that it is possible for the soil to continuously adsorb  
285 P and therefore, difficult to get a reliable estimate of  $P_{\max}$ . *Ádám et al. (2005)* attempted to  
286 estimate the long-term P sorption capacity of filter materials. The study criticizes the use of 24-  
287 h sorption batch tests claiming that results differ from full-scale systems. To get more reliable  
288 long-term P sorption estimations they proposed a long-term experiment of a full scale  
289 horizontal constructed wetland (CW) and also concluded that batch experiments are not  
290 appropriate to measure sorption capacity materials because the experimental parameters (e.g.  
291 soil solution P concentration and water:soil ratio) are usually higher than in full-scale systems.  
292 However with full-scale constructed wetlands the extrapolation of the results are more difficult

293 because of the complexity of the systems due to biofilm developments or the presence of plants  
294 that can enhance the P removal but can also generate cracks or pores in the material leading to  
295 preferential flow (Ádám & Krogstad 2006).

296 Cucarella and Renman (2009) exhaustively and critically reviewed batch experiments used to  
297 estimate the PSC of filter materials used in on-site wastewater treatments. The study confirmed  
298 the findings of Nair et al. (1984) by certifying that different studies are not comparable because  
299 they are arbitrarily run under different experimental conditions and with different experimental  
300 parameters such as, solution-ratio during shaking, P concentrations of the soil water, contact  
301 time, agitation characteristics and temperature. As those parameters have the potential to  
302 significantly influence P processes they should be properly established in the experimental set  
303 up to reduce their influence in the PSC determination. Additionally, experiments should, as  
304 much as possible, represent real field conditions. Drizo et al. (2002) recommended to couple  
305 batch experiments with long-term column experiments for P removal efficiency studies in order  
306 to integrate the effect of soil chemical and hydrological properties.

307 Column experiments are frequently used to determine hydrological properties, evaluate  
308 transport models and monitor fate and mobility of pollutants in soil (Lewis & Sjöstrom 2010).  
309 However, Zhang et al. (2007) criticised previous column tests used to predict the fate of P in  
310 slow rate wastewater treatment soils. The tests used high hydraulic loading rates (up to 250  
311 times those typically used slow rate systems) and were fed continuously, which does not  
312 correspond with typical LTS management parameters and, according to Hu et al. (2006), these  
313 column tests were not run for long enough to allow slow P precipitation. Evehorn et al. (2014)  
314 set up experimental columns to study the P removal and leaching potential of soil materials  
315 using deionized water. Results indicated that P removal in unsaturated soil depends on P  
316 loading, and that wash-out processes can take place in these systems, for example, during rain  
317 events and that dissolution of aluminium phosphates and the shift in ionic strength could be a

318 possible P release mechanism. Drizo et al. (2002) aimed to determine the long-term P saturation  
319 of filter materials through column experiments. The study revealed the advantages of P  
320 saturation obtained from column experiments compared to batch experiments, for example  
321 particles do not breakdown as a result of the shaking and the saturation is progressive. The  
322 study finally recommended P feeding concentration in column tests between 40-400 mg/l to  
323 reach the saturation point of filter materials in a practical timescale and experiments lasting 3-  
324 5 months to allow time for slower P retention processes to occur.

325 Direct mass balance calculations ( $P_{\text{accumulated}} = P_{\text{inlet}} - P_{\text{outlet}}$ ) of long-term performance systems  
326 have also been used to assess the P removal capacity of soils although few attempts of  
327 evaluating the P removal performance of full-scale long-term sewage effluent irrigated soils  
328 have been reported. Kardos & Hook (1976) quantified the P added, removed by crops or  
329 leached over 10 years of irrigation with treated municipal wastewater. They concluded that  
330 soluble P concentrations at 120 cm depth in a clay loam soil remained close to 0.05 mg/l and,  
331 <2% of the P added was leached in 10 years without vegetation removal. The same experience  
332 in sandy loam reported 3% leaching. Hu et al. (2006) performed a 27 years mass balance of the  
333 Muskegon wastewater treatment plant (USA), reporting 99% retention of the P applied.  
334 Eveborn et al. (2012) studied the performance of four Swedish uncovered soil treatment  
335 community-scale systems aged from 14 to 22 years old. Using a mass balance approach, the  
336 treatments presented much poorer P removal (8-16%) than previous soil treatment reports.  
337 Robertson (2012) quantified the P retained in a lakeshore non-calcareous sand filter with water  
338 table fluctuations, and compared it with the estimated lifetime after 20 years of operation.  
339 Contrary to Eveborn's findings, the results showed that the filter bed had retained almost all of  
340 the P loaded with the wastewater over the two decades of operation. More recently, Dzakpasu  
341 et al. (2015) studied the long-term capacity and efficiency of a soil substrate full-scale  
342 integrated constructed wetland in Ireland, by studying the wastewater inflow, outflow and

343 storage of P in plants and sediments. Results revealed a 91% a total P removal, where 58% of  
344 P storage is accounted for P removal in the soil. One of the largest experiences with soil  
345 infiltration systems is situated in Bardu (Norway), where municipal wastewater from 5000  
346 inhabitants has been pumped into glaciofluvial sand and gravel deposit infiltration basins at a  
347 mean temperature of +0.7°C. After 25 years of operation the treatment performance was 99%  
348 P removal and still it was estimated to last 12 years more (Jenssen et al. 2014). Reddy et al.  
349 (1999) identified the main difficulties when trying to assess P retention in wetlands as: failure  
350 to identify and measure inputs and outputs of P and water, use of only one form of P,  
351 comparison of synchronous flows and grabbing samples from strong variable flow or  
352 concentration. Therefore, the few attempts at quantifying the P removal efficiency of long-term  
353 full-scale experiences in natural treatments have been reported, mainly in grasslands and  
354 temperate climates, with variable results. The results comparison among studies indicates high  
355 removal variability probably due to differences in soil chemical properties, age of the system  
356 or sampling and calculation methodologies.

## 357 **5. TOWARDS ESTIMATES OF LONGEVITY**

358 There is not a clear definition regarding life expectancy or longevity of LTS (Yu 2012). In fact,  
359 there is a common misunderstanding between exhaustion of P, retention capacity of the  
360 material and longevity of the system. From the point of view of on-site treatments, longevity  
361 must be interpreted as the time when the system reaches the effluent P discharge limit (Heistad  
362 et al., 2006), which differs among countries and legislations in terms of both concentration and  
363 exceedance statistics. A number of studies have calculated longevity from a simple approach,  
364 the  $P_{\max}$  sorption capacity of the soil (g of P/kg), the volume of land being used for treatment  
365 ( $m^3$ ), P content of applied wastewater (g of P/PE) and the discharge rate (g P/day) (Table 2).  
366 However, the limitations discussed in previous sections highlighted how experimental

367 conditions in  $P_{\max}$  assessment can contribute to errors in such a lifetime forecast. Cucarella &  
368 Renman (2009), Vohla et al. (2011) and Chang et al. (2014) noted these limitations and  
369 suggested that life expectancy calculations could not be entirely addressed through filter  
370 materials characteristics and that, to forecast precisely the lifespan of the system, other factors  
371 (including hydrological conditions, temperature and microbiological transformations) must be  
372 taken into consideration.

373 Simulation models can help to better understand the importance of bio-physico-chemical and  
374 hydraulic processes relevant to pollutant removal, while helping to further understand how  
375 design parameters affect the performance of the system and predict longevity and exhaustion  
376 of the material (Beach & McCray 2003). Recently, researchers have gone beyond the black-  
377 box, empirical models, to develop mechanistic models that consider the hydrodynamic and  
378 biodegradation process in natural treatments (García et al. 2010). They cover a wide range of  
379 biokinetic, process-dedicated, and design support models (Meyer et al. 2015). Process  
380 dedicated models represent degradation and transfer of compounds; hence they can help with  
381 understanding the fate of P and removal in LTS. These models describe P transport and sorption  
382 by soil or filter materials under different hydrological conditions and some of them predict  
383 breakthrough curves (Langergraber & Šimůnek 2012; Claveau-Mallet et al. 2014; Sinclair,  
384 Jamieson, Gordon, et al. 2014; Sinclair, Jamieson, Madani, et al. 2014; Liolios et al. 2015).

385 Intensive research has been produced since the late-1970's to develop models able to simulate  
386 the interaction in between the soil matrix, the water transport and P. The main aims of these  
387 models was to evaluate non-point source pollution of subsurface waters by agricultural P  
388 (Vadas et al. 2013). Many of these models have been updated through time and continuously  
389 developed. Different models have been used to accomplish the aims depending on spatial scale  
390 and resolution (watershed, field-scale), time scale (long-term, short-term), and the  
391 hydrological system (saturated flow, variable saturated flow, horizontal flow and, vertical

392 flow). These models can be divided into ones that use a water balance model and the ones that  
393 use numerical solution of the Richard's equation. The models based on Richard's equation are  
394 more input intensive and computationally demanding than the water balance models but they  
395 provide more accurate solutions for field scale modelling. Regarding the overview of soil  
396 phosphorus dynamics of those models. McGechan & Lewis (2002b) provided an exhaustive  
397 review of a number of field scale P dynamics models and the equations used (e.g. ANIMO  
398 (Groenendijk & Kroes 1999), GLEAMS (Leonard et al. 1986), MACRO (Jarvis & Larsbo  
399 2012) and DAYCENT (Parton et al. 1998)), pointing out MACRO as the most complete model  
400 for soil transport processes but with more simple representations of P transformation.

401 Some of the most recent experiences of numerical modelling of on-site wastewater treatments  
402 and phosphorus fate predictions are related with the use of HYDRUS (J. Šimůnek, M. Šejna,  
403 H. Saito, M. Sakai 2013). HYDRUS-1D and 2D are able to simulate one and two-dimensional  
404 movement of water, heat and multiple solutes in variably-saturated media and can be coupled  
405 with different specific modules like wetland module (CW2D) to be able to run P degradation  
406 along with other processes (Langergraber & Šimůnek 2012). Recently, Langergraber (2016)  
407 reviewed process-based models applicable to subsurface flow wetlands treatment, and  
408 identified the HYDRUS Wetland Module as one of the most advanced ones because of its  
409 multi-component biokinetics-models and stated that it is powerful tool for understanding  
410 wetland processes. PHREEQC (Parkhurst & Appelo 1999) can also be coupled with HYDRUS  
411 and be used to solve complex geochemical calculations (Claveau-Mallet et al. 2014). In  
412 addition, MODFLOW (Twarakavi et al. 2008) is a 3D finite-difference groundwater model that  
413 can be also coupled and adapted with HYDRUS.

414 The HYDRUS-1D and 2D numerical code since version 4.0, released in 2007, is capable of  
415 simulating a large quantity of non-equilibrium flow and transport processes. They can be  
416 divided in physical non-equilibrium and chemical non equilibrium processes. The study by

417 Šimůnek & van Genuchten (2008) gave an overview of the conceptual models, and the  
418 specifications of each model with the water flow equations, the solute transport equations and  
419 the number of parameters needed in each. This new feature provides a wide range of  
420 possibilities to simulate phosphorus transport in soils, such as dual permeability models to  
421 simulate water flow in two different domains, with different flow velocities and non-  
422 equilibrium chemical models. These models range from the simple one kinetic site model  
423 described as a first-order rate equation to two sites models with different sorption kinetics for  
424 different fractions, where one fraction is assumed to be instantaneous and the other one is  
425 kinetic. Vogel et al. (2015) successfully simulated flow and transport in a two-dimensional  
426 dual-permeability system with spatially variable hydraulic properties permitting to compare  
427 different spatial distributions of hydraulic properties with model responses comparison.

428 Regarding P studies with HYDRUS Naseri et al (2011) compared physical modelling of silty  
429 clay-loam texture columns against the numerical modelling of HYDRUS-3D, the results  
430 concluded that it simulated the water flow in the columns successfully, but overestimated the  
431 final sorbed  $\text{PO}_4$  concentrations in the soil. Elmi et al. (2012) found similar over-estimation  
432 results when using HYDRUS-1D to study the vertical distribution and transport processes of  
433  $\text{PO}_4$  in soil columns. The simulation indicated that 98% of the P applied was accumulated in  
434 the first 0.2 m of the column and decreased with depth. Sinclair et al. (2014a) also used  
435 HYDRUS-2D to simulate different lateral flow sand filters in on-site wastewater treatments  
436 after septic tanks showing poor removal rates and effluent exceeding 1 mg P/l concentration at  
437 the end of the study. Morrissey et al. (2015) studied with HYDRUS-2D the impact of  
438 unsewered cluster housing simulating the attenuation of contaminants through the unsaturated  
439 zone revealing limited impact to groundwater quality, and used the calibrated model to simulate  
440 the impact of increasing the house density with new developments. All those studies were

441 focused on studying transport and contamination effects but none of them introduced the time  
442 variable in the study in order to predict remaining lifetime.

443 Although a number of studies point out the potential for exhaustion of the P sorption capacity  
444 in treatment systems, there have only been a few attempts to forecast P longevity in soil  
445 infiltration systems. The first one is related with the Muskegon (USA) (Zhang & Dahab 2006)  
446 wastewater treatment plant which was part of the large-scale demonstration project for nutrient  
447 removal. The project aimed to evaluate long-term P performance, as it is known to be one of  
448 the most important lifespan limiting factors. The first phase of the study calculated new 1-day  
449  $P_{max}$  after 30 years of operation and the new remaining life expectancy (RLE). The new  
450 estimations had an extension in the RLE because of the changes in soil properties after long-  
451 term wastewater application in the soil (Hu et al. 2006). The second phase of the same study  
452 consisted of column breakthrough modelling, where they re-calculated the RLE (Zhang et al.  
453 2007). As a result, the study proposed a remaining life expectancy prediction formula:

$$454 \qquad \qquad \qquad RLE = t_b * F / 180 \qquad \qquad \qquad (1)$$

455 where

456  $t_b$ = the breakthrough day

457 180=the irrigation days per year at the Muskegon plant

458 F= the correction factor for the inlet P concentration and the concentration used in the  
459 study.

460 The same project proposed a model based on the mass balance principle. The empirical model  
461 is able to predict the life expectancy on a yearly basis through the effects of the main  
462 operational parameters of the system (rotating crop type, hydraulic loading rate, annual  
463 precipitation, soil type, etc.). However, the interaction between the soil and the hydraulic  
464 systems are not reflected upon. Parkhurst et al. (2003) described a reactive-transport model

465 developed to simulate P in the sewage plume from treated sewage effluent to ground-  
466 infiltration disposal beds at the Massachusetts Military Reservation on western Cape Cod  
467 (USA). The simulations covered the discharged period (1936-1995) and the 60 following years  
468 after cessation of disposal. The three-dimensional reactive-transport model used to develop the  
469 base-case was PHAST (Parkhurst & Kipp 2002), model limitations were associated with  
470 loading, flow systems and sorption characteristics of the aquifer uncertainties. Regardless that  
471 the aim was not to study the longevity of the system because the activity of the filter beds had  
472 stopped, it is a useful exercise of long-term plume migration modeling. Yu (2012) attempted a  
473 one-dimensional model that aimed to provide the longevity of any point of the infiltration  
474 system considering a homogeneous and isotropic soil, and constant and unsaturated flow. It  
475 was aimed to estimate the longevity, the exhaustion time and sorbed P. The model proposed  
476 was a contaminant solute transport model where advection, diffusion, dispersion and sorption  
477 reactions were represented. The simulation indicated that the most sensitive factors for P  
478 concentration in a soil column to reach critical concentration were the average pore flow  
479 velocity and the P sorption capacity of the soil. The longevity estimations from the model  
480 compared to the service time of the infiltration study sites were shorter Herrmann et al. (2013)  
481 modelled the transport and removal of PO<sub>4</sub> in a reactive filter using the hydro-geochemical  
482 transport code PHREEQC (Parkhurst & Appelo 2011), the study claims that in order to be used  
483 to forecast performance and longevity it needs to be further tested and develop due to that it  
484 does not take into consideration adsorption processes or the effect of biofilms growth in the  
485 filter material. Claveau-Mallet et al. (2014) proposed a prediction tool for slag filter longevity  
486 based on dissolution and precipitation kinetics. The proposed methodology was based on three  
487 steps: (1) experimental batch tests methodology, (2) numerical calibration of the batch test (3)  
488 numerical simulations of the filter. However the study assumed several limitations and  
489 highlighting the principal one as being the assumption that the contact between the water and

490 the filter particles is limited, and not being affected by clogging from precipitates or particulate  
491 OM. The model needs to be calibrated before being used as a design tool and proposes to couple  
492 a hydrodynamic and geochemical code such as HYDRUS-PHREEQC to overcome those  
493 drawbacks.

## 494 **6. SYNTHESIS AND CONCLUSIONS**

495 LTS have been in use since wastewater treatments were applied to protect public health and  
496 still they have a role to play at the current wastewater industry as a low energy and low  
497 maintenance polishing step for small wastewater treatments. They are normally used before the  
498 wastewater treatment plant effluent is released to the environment to avoid environmental  
499 problems, mainly eutrophication related with excessive P concentrations.

500 P removal mechanisms in LTS are physical retention, sorption processes and microbial and  
501 plant uptake. Sorption is a finite process and depends on the interaction with the environment  
502 and the chemical properties of the soil (ion presence, pH, OM, clay content, etc). Thus, if this  
503 conditions change over time, mainly due to long-term wastewater irrigation, the P removal  
504 potential will also change.

505 It is well accepted that estimation of the P sorption capacity of soils by batch experiments has  
506 several limitations when it is used to calculate the  $P_{\max}$  in the long term or when used to forecast  
507 the longevity of the system. The standard methodology is a short-term sorption analysis (24h)  
508 that underestimates the long-term removal capacity because it does not take into account the  
509 slow precipitation processes and because the experimental set up does not represent the real  
510 systems and interactions with the ecosystem. Thus, studies advise that these methods are not  
511 used for lifespan prediction but to compare materials and soils characteristics. Column  
512 experiments should be also correctly design when addressing long-term P removal

513 characterization and filter material saturation, mainly regarding length of the experiment and  
514 hydraulic loading in order to correctly translate results to full-scale experiences.

515 Regarding lifetime predictions in LTS, usually, direct mass balance approach using the  $P_{\max}$   
516 has been used, however the drawbacks previously pointed out also affect this methodology.  
517 Using modelling tools to assess the water flow, contaminant transformation and contaminant-  
518 transport processes can help to assist in the integration of all the parameters that affect the  
519 functioning of the system. However, few attempts to estimate the P longevity of LTS through  
520 models have been found and none of them has been completed and published due to several  
521 limitations and further development and research needed (uncertainties in data acquisition,  
522 empirical models, models not validated or neglecting important variables of the removal  
523 processes).

524 LTS's modelling challenge lies in getting useful results from batch and column experiment  
525 regarding soil P adsorption behaviour in the long term, and how to transfer those experimental  
526 results into the solute transport equation. The longevity of the LTS is one of the key parameters  
527 to achieve cost-effective treatments and if new studies are able to successfully model treatment  
528 scenarios then we will become a useful LTS management tool and provide greater confidence  
529 in the sustainable operation of these systems required by both operators and regulators.

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**Table 1** Comparison of Land Treatment Process Design Features. **Source:** (Smith 2006)

Feature	Slow rate (SR)	Overland flow (OF)	Rapid Infiltration (RI)
Minimum pre-treatment	Primary sedimentation	Screening	Primary sedimentation
Annual loading rate (m/yr)	0.5-6	3-20	6-125
Typical annual loading rate (m/yr)	1.5	10	30
Field area required (ha)	23-280	3.6-44	3-23
Typical weekly loading rate (cm/week)	1.9-6.5	6-40	10-240
Disposition of applied wastewater	Evaporation and percolation	Evapotranspiration surface run off, limited percolation	Mainly percolation
Application techniques	Sprinkler, surface or drip	Sprinkler or surface	Usually surface
Need of vegetation	Required	Required	Optional
Climate needs	Winter storage in cold climates	Not critical	Not critical

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**Table 2** Previous longevity estimations in different substrates and systems<sup>1</sup>

Source	Substrate/type systems	Longevity (years)	Land use	Wastewater type	Soil Texture
Drizo et al. (2002)	Electric Arc Furnace (EAF) Steel slag shale	13-37	Batch experiment	Municipal wastewater	-
Dong et al. (2005)	Oyster shell	8-23	Batch experiment	-	-
Xu et al. (2006)	Furnace slag	22	Batch experiment	-	-
Hu et al. (2006)	Soil	29-49-151	Unproductive	~50% mill industry ~25% from other industries and ~25% from domestic waste- water.	Four major types of sandy soil on the site: Rubicon, Roscommon, Augers, and Granby
Heistad et al. (2006)	Filtralite®	5	Sub-surface flow CW	Domestic wastewater	-
Weiss et al. (2008)	Filtralite® Filtra P Soil	5 10 25	-	Domestic wastewater	-
Jenssen et al. (2014)	Infiltration basin	36	-	Domestic wastewater	Glaciofluvial sand and gravel deposit

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<sup>1</sup> Different volumes, loading and wastewater characteristics assumptions for calculations

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